



**ANNUAL
REPORT
2018**



About Food from the Heart

Food from the Heart is a charity with IPC status that feeds the needy through its food distribution programme. It was established in February 2003 after Singapore-based Austrian couple Henry and Christine Laimer read a report in The Sunday Times about bakeries discarding their unsold bread. Stirred, they then decided to channel surplus food from bakeries to those in need.

Today, Food from the Heart is Singapore's foremost independent food charity that makes a tangible and meaningful contribution to fighting hunger through bread rations and food packs, and bringing joy through the distribution of toys and birthday celebrations.

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Supported by



Member of



This report is accurate at the point of printing: April 2019

Our Vision

To be the leading charity in Singapore devoted to alleviating hunger through efficient distribution of food.

Our Mission

To reach out to the less-fortunate and brighten their lives by alleviating hunger through a food distribution programme and bringing joy through the distribution of toys and birthday celebrations.

Our Values

As we work towards our mission, we embrace the values of professionalism, efficiency, transparency and self-sustainability.

Our Shared Purpose

Sharing Hope, Nourishing Lives

MESSAGE FROM CHAIRMAN

It's my pleasure to present to you Food from the Heart's Annual Report for the financial year ended 31 December 2018. This report is our way of sharing with you the charity's progress, the impact we have made, and most importantly, our new initiatives and plans moving forward.

This year, Food from the Heart turns sweet sixteen, the symbol of reaching new maturity. From our infancy stage of solely redistributing unsold bread to welfare homes, the seed idea planted by Henry and Christine Laimer in 2003 has since attracted many people who believe in our cause to alleviate hunger. This continuous support has helped us to grow into the leading charitable food redistributor in Singapore that currently supports 40,300 individuals.

Through the collective effort of donors, sponsors, partners and volunteers, we successfully distributed \$5.9 million worth of food in 2018, the highest figure since our inception. We managed to raise \$2.9 million to fund our work of feeding the hungry and vulnerable.

We are therefore incredibly grateful for the strong partnerships forged over the years that has enabled us to carry out our mission and grow our social franchise. But, we don't stop with just increasing the number of beneficiaries! We are continually reviewing our programmes to increase the quality of the food we distribute. The relaunched School Goodie Bag programme in March 2018 was one such project, where a revamped list of higher nutritional food rations helped our young recipients improve their often inadequate diet.

The Community Food Pack programme beneficiaries also saw further improvement to



their ration in 2018 with the inclusion of oats, as a regular food item since September, thanks to Images in Motion Singapore, our Official Community Food Pack Partner.

We aim to raise \$3 million to fund our increasing operational costs as we expand our programmes. We are also looking at advanced ways to operate more efficiently and effectively. This will help us to adapt to changes in beneficiary needs and the charity landscape. Some of our plans underway for 2019 includes improving quality of food rations distributed, leveraging on smart technology such as cashless donation platforms, as well as digitising food redemption and logistics process.

On behalf of the Board, I extend my gratitude to our donors, our sponsors, the thousands of volunteers and you, for being our ardent supporters throughout 2018. Many thanks also to Food from the Heart's team of staff for their passion, hard work and commitment. With your continued support, together we will feed more hungry people in Singapore.

A handwritten signature in black ink, appearing to read 'Ronald P. Stride'.

Ronald P. Stride

Chairman
Food from the Heart

OUR BOARD

Food from the Heart is steered by its board members, each of whom are recognised individuals in their respective fields and professions. Their combined experience and network has lead the sustainable growth of the charity since it was founded in 2003.

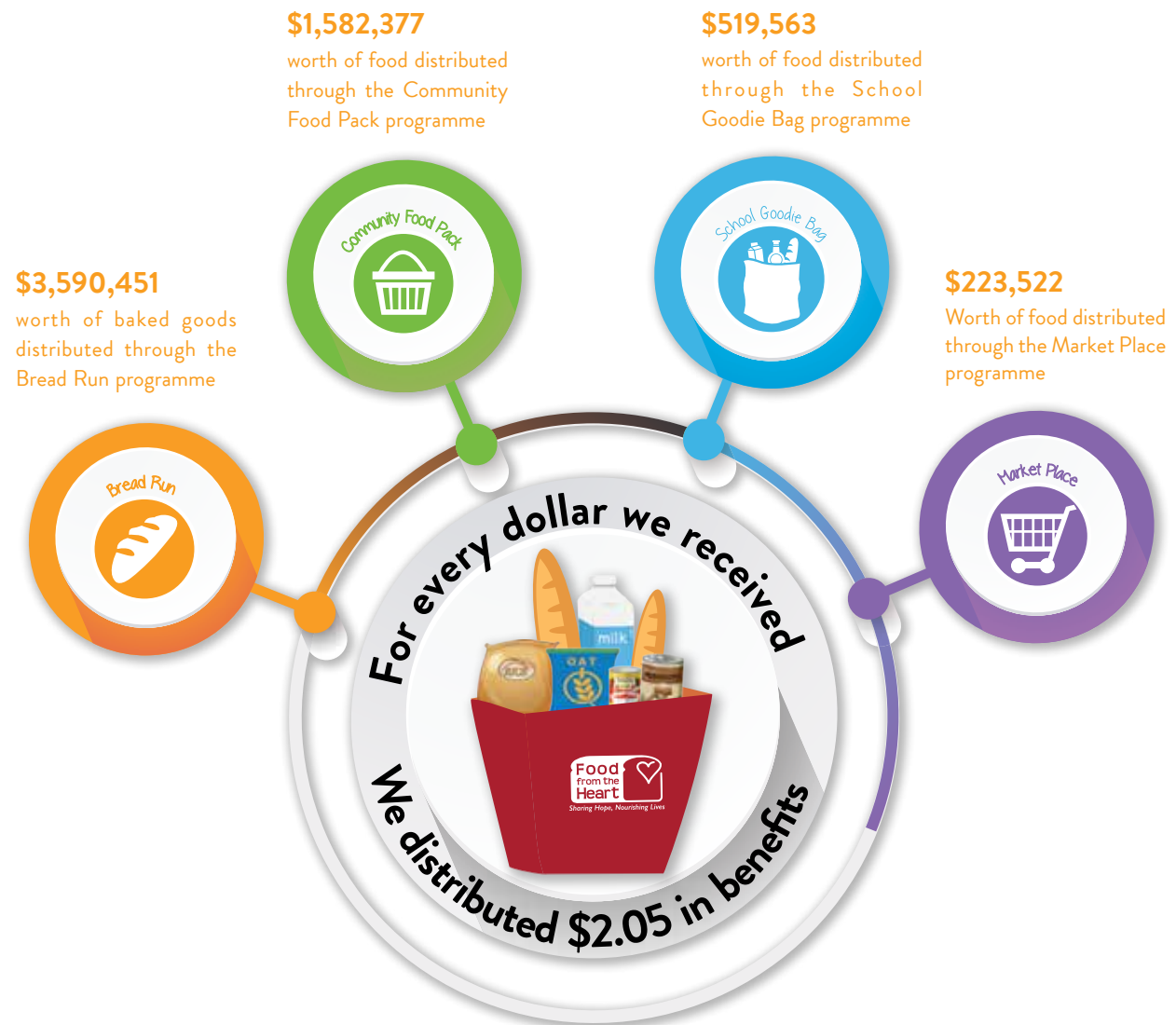


Seated (from left to right): Mr Ronald P. Stride (Chairman), Ms Linda Soo-Tan, Ms Chin Bottinelli, Ms Susan Peh, Mr Khushroo Dastur (Treasurer)

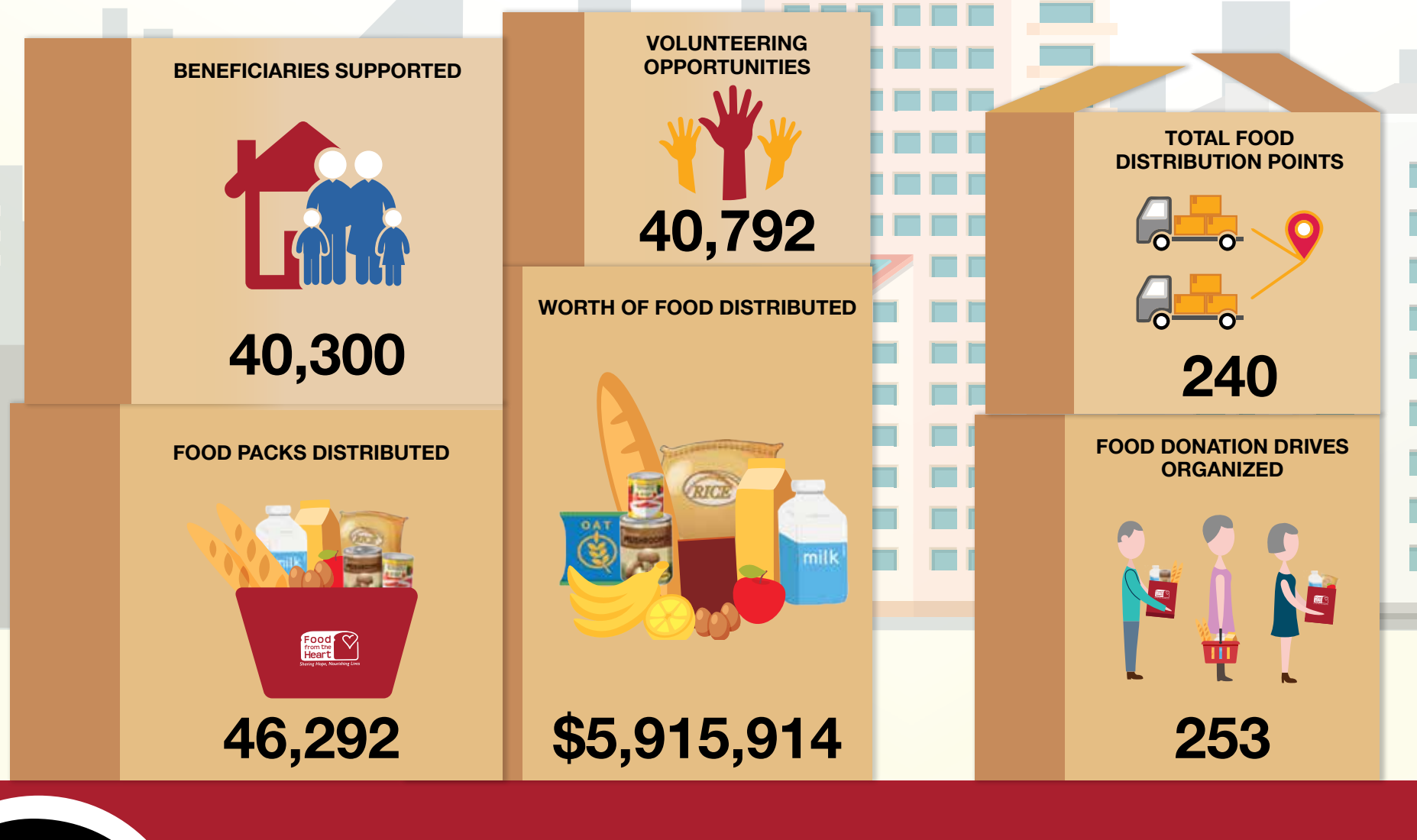
Standing (from left to right) : Dato' Andy Quek, Mr Mahesh Buxani, Mr Eugene Yang, Mr Christopher Martin (Advisor), Dr Knut Unger (Secretary), Mr Alex Chua

WHAT YOU HAVE HELPED US ACHIEVE

We are pleased to report that in 2018, we distributed \$5.9 million worth of food to 40,300 beneficiaries. For every dollar that we received in cash, we succeeded in distributing \$2.05 of benefits to our beneficiaries through both cash and in-kind donations.



WHAT YOU HAVE HELPED US ACHIEVE



Food
from the
Heart

THE GIVING HANDS

“

Food from the Heart provides reliable, consistent and long-term support to its beneficiaries, I have decided to do the same. The greatest merit of this slow and steady approach is that beyond practical provisions, it provides our beneficiaries with a peace of mind that would not have come with ad hoc distributions.

SL NG

Bread Runner

“

When our children play with toys, their imagination is spurred and their days enlivened. No child should be left behind in any aspect of such holistic development. I am therefore heartened that every year with their Toy Buffet, Food from the Heart is working with a wide network of schools and other Social Service Organisations to spread a message of hope and love to children across Singapore.

TAN CHUAN-JIN

Speaker of Parliament

“

One common challenge faced by my students is their limited access to nutritionally adequate food for their growth and development. I am thus very heartened that the School Goodie Bag programme has addressed this issue by providing a significant boost to the students' diet with items such as fresh eggs and milk. I have witnessed the programme turning into a lifeline for some families who have no income when the sole breadwinner is out of a job.

WILFRED HO

Teacher

“

Great effort to make good use of extra food items and to distribute to those who needed them. Good to be able to join other volunteers to pack the items as well. Kudos to all.

BENJAMIN TAN

Warehouse Volunteer



THE RECEIVING ARMS



“

I can't go to work due to problems with my vision. It makes me feel bad to receive help from my relatives so I was relieved when I started getting food packs from Food from the Heart.

MDM SITI

Community Food Pack beneficiary

“

I'm 68 years old and the only person taking care of my 98-year-old mother. A helper is too expensive and I have no choice but to stay home to look after my mother myself, so I have no income. My savings are being used daily, so I'm glad Food from the Heart is able to help me reduce our grocery expenses.

MS WONG

Community Food Pack beneficiary

“

There are seven people in our family, but only my husband and I are working, so the monthly School Goodie Bag helps ease our financial constraints. With it, I am able to save around 30% of my grocery spendings. The cooking oil is especially useful to me as we cook a lot at home. My family also likes the malt beverages as it makes a fast, easy breakfast.

EMMA

School Goodie Bag beneficiary

“

The School Goodie Bag is very helpful for our family. Receiving it every month gives us the assurance that we will have food for our family especially towards the end of the month, when it gets even more challenging for us financially. Expenses can also now be focused on other equally important things. We are truly grateful to Food from the Heart.

RAHIM

School Goodie Bag beneficiary



BREAD RUN



Did you know? 28,000kg of bread is saved from the bins every month through Food from the Heart's Bread Run programme. That works out to 1,350 supermarket trolleys worth of bread - imagine that!

The Bread Run programme aims to feed the needy with safe-for-consumption bread that would otherwise have been thrown away. It strives to achieve an equilibrium between food surplus in the retail sector and where it is needed within the community.

As the programme organiser, Food from the Heart works with an intricate network of partners who donate bread, volunteers who can deliver the bread, and community partners who pass on the bread to our beneficiaries.



29,000
BREAD
RUNS



336,000kg
SAVED AND
GIVEN OUT



20,700
HAPPY STOMACHS



COMMUNITY FOOD PACK

Did you know? Not all the food that we receive is suitable for our beneficiaries' day-to-day consumption due to food safety factors. This is why we need all the help we can get to properly sort the food!

The Community Food Pack programme comprises monthly distributions of fresh fruit and eggs, food packs comprising non-perishable food items, and weekly distributions of bread. It helps the less-fortunate put food on the table and offset their living expenses and is fueled by a mix of food donations, cash donations that are used to make food purchases, bread from our Bread Run programme, and the sweat of hardworking volunteers who assist us in the sorting and packing process.

We understand those who seek the assistance of our programmes are trying their best to cope, and that the promise of their next meal is important to them. That is why we work hard to ensure the reliable and consistent provision of our food rations at the same time every month without fail to give them the sense of food security that they need.



59
SELF COLLECTION
CENTRES



35,500
FOOD PACKS



3,600
FAMILIES



SCHOOL GOODIE BAG



Did you know? Eggs and milk are high in protein and minerals, which promotes the growth and development of a healthy mind and body. Building a strong base stepping stone to success.

The School Goodie Bag programme focuses on providing underprivileged primary and secondary school students and their families with food rations to support them through a key stage of their lives. It supplements the meals of needy children and their families and reduces their financial burden.

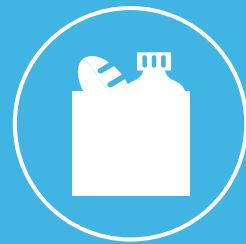
As the School Goodie Bags are funded purely through cash donations, which are then used to purchase rations, Food from the Heart is able to select healthier food options to provide better nutrition to these developing young minds.



29
SCHOOLS



5,200
BENEFICIARIES



17,400
SCHOOL GOODIE BAGS



TOYS FROM THE HEART



Do you remember how you felt as a child opening a gift that was wrapped for you? The glee and excitement, and a sense of being loved - those are all wonderful feelings, aren't they?

Toys from the Heart is a programme that runs on donations of new and used toys. Its highlight is its annual Toy Buffet, which is a vast selection of toys all nicely wrapped for the taking. In addition to the presents, the giant carnival also treats about 3,000 underprivileged children to fun games and yummy food.

The purpose of the programme is to deliver a message of hope and love. Toys spark creativity, and more importantly, they are made for play - something every child loves to do! With the Toy Buffet, Food from the Heart seeks to show underprivileged children that they too are special. With this objective in mind, the toys collected are also used for distribution during Birthdays from the Heart, another programme under Food from the Heart.



2,900
CHILDREN



10,000
TOYS



1,200
HELPING HANDS



BIRTHDAYS FROM THE HEART



Can you recall how it feels when someone remembers something special about you? It makes you feel special too, doesn't it?

Birthdays from the Heart is a programme that celebrates the birthdays of underprivileged individuals with joyous activities, presents and of course a big birthday cake!

The purpose of the programme is to remind our beneficiaries that they too are loved by showing them that they are remembered, special and that their presence is celebrated.



108
CELEBRATIONS



1,025
BIRTHDAYS



MARKET PLACE



Did you know? Not all damaged goods are damaged equally. Not all of them should be thrown out, but that's exactly what happens at retail marts a lot of the time. Help us save the food for those who need it instead

With NTUC FairPrice as our Market Place Partner, the programme seeks to create a win-win solution that reduces food waste while feeding the needy by channeling food that retailers do not wish to keep on the shelves but still good for consumption food to those who need it.

The items are distributed to welfare homes and other beneficiaries via our Community Food Pack programme.



\$223,500
WORTH OF ITEMS SAVED
AND GIVEN OUT



27
WELFARE HOMES



6,400
BENEFICIARIES



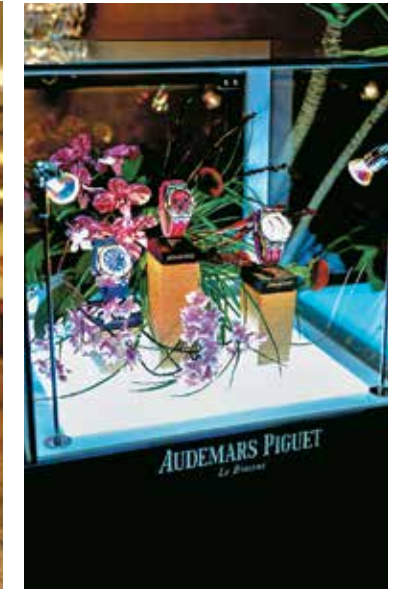
PASSION BALL

Passion Ball has remained as the most important annual fundraising event for Food from the Heart, raising over half a million dollars every year towards our work to alleviate hunger in our community.

Presented by Audemars Piguet, the 2018 gala event was themed “Brazilian Dreams- Romance in Rio”, as we pulled out all the stops to make it a memorable one for the generous members of the society who gathered at The Fullerton Hotel Singapore to support the worthy cause. Guest chef Paulo Machado from Brazil created a special gourmet dinner menu that showcased the best of Brazilian cuisine for our guests.

There was a heartwarming moment when a former School Goodie Bag beneficiary, Passion Goh, now a confident young adult, expressed her gratitude towards Food from the Heart and donors. She shared how the food programme was a critical source of food and sense of security, a testament to our hard work and efforts through the years of feeding the heart and soul.

The ball raised over \$500,000 net of expenses. Our thanks go out to everyone who contributed generously in one way or another to Passion Ball.



Special thanks to the following sponsors:

Cash Sponsors

Audemars Piguet
Images in Motion
Union Bancaire Privée
Tote Board, Singapore Pools

In-Kind Donation

Andrew Thomas
Anita Kapoor
COMO Hotels and Resorts
Ermenegildo Zegna

Grand Vin
Ho Printing
Iggy's Restaurant
Louis Roederer
Millenium & Copthorne Hotels
Ode to Art
Peak and ICON Magazine
Perlota Jewellery
RJ Paper
SilkAir
Singapore Airlines
The Fullerton Hotel Singapore
Whyte & Mackay – The Dalmore

CHARITY GOLF

We held our Charity Golf Tournament, presented by Fairprice Foundation, on August 31 at the Singapore Island Country Club and raised over \$100,000 for Food from the Heart. CEO of NTUC Fairprice, Mr Seah Kian Peng, was the guest of honour at this event. Along with 140 golfers who came together for this tournament, they combined the love of golf with giving back to the community as all proceeds went towards funding Food from the Heart.

After the round of golf, the guests enjoyed the rest of the evening with sumptuous dinner and entertainment. A lucky draw segment with many attractive prizes to be won capped off the event.

The fundraiser could not have taken place without the continued support of many sponsors and donors. A big thank you to all who made this year's Charity Golf Tournament a great success!



Special thanks to the following sponsors:

Sponsors

Fairprice Foundation
Goldbell Foundation
LHN Group
Logisnext
MS First Capital Insurance
MSIG Pilgrim Partners Asia
Tote Board, Singapore Pools
Daimler SEA
Peak
Superskill
Singapore Island Country Club

In-Kind Donation

Audemars Piguet
Asia Pacific Breweries
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Whyte & Mackay – The Dalmore
Yeo Hiap Seng

Lucky Draw Sponsors

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Lush
Myra's
New Ubin Seafood
Nicoles Le Restaurant
Oakwood Premier OUE Singapore
OSO Ristorante
Regent Singapore
Royal Albatross
Saint Pierre
The Fullerton Hotel Singapore
Yantra

I CAN AWARD

Improvements in Conduct, Attendance and Non-academic performance - this is what the teachers of the 84 recipients of the I CAN award witnessed in their students in the past year.

Food from the Heart primarily feeds the needy, but beyond that, we hope to play a part in our young beneficiaries journey as they grow and develop. Over the years, we have been encouraged by the stories of our student recipients who continue to persevere and do their best in school despite having to face life's challenges. We hope that the I CAN award will play a small role in affirming and encouraging our young beneficiaries from our School Goodie Bag programme by recognising their hard work.

To commend them for their resilience and positivity despite life's challenges, each recipient was given a trophy, a \$100 POPULAR Bookstore voucher, and \$100 movie voucher.

We thank The UPS foundation for their generous sponsorship and also to Qihua Primary School for the use of their premises for the event.



CLEAN PLATE CAMPAIGN

The Clean Plate Campaign was started in 2013 in conjunction with World Food Day, with the aim of raising awareness of the environmental and societal impact of food waste, and to inculcate the habit of mindful eating.

Singapore generated more than 800 tonnes of food waste in 2017, which works out to a wastage of approximately two bowls of food per person daily. To reduce the amount of food wastage nationally, Food from the Heart advocates ending each meal with a clean plate.

The campaign has seen an exponential increase in participation since its founding, from five schools taking part in 2013 to 65 in 2018, alongside growing awareness on curbing rising food wastage. A total of 43,000 clean plates counted by students from the 65 schools.

For the sixth year running, FairPrice Foundation supported the campaign by pledging \$50,000 to

Food from the Heart. Other corporate sponsors that joined us in the food waste reduction movement included Applied Materials South East Asia Pte Ltd and Bayer (South East Asia) Pte Ltd. More than 500 volunteers signed up as our Clean Plate Ambassadors to share food waste reduction tips with the students during the three-month campaign period.



Beyond schools, Food from the Heart is moving towards its broader intention of addressing the food waste issue nationwide by working with public institutions and business corporations. It launched the Clean Plate Campaign in public for the first time at Old Airport Road food centre in October 2018 and is looking forward to widening its reach.



TOY BUFFET

Toy Buffet is a one-day event that our young beneficiaries look forward to attending every year. 2,900 children from 50 schools, four welfare homes and eight community partners across Singapore were part of the annual event, more than a threefold increase from 950 beneficiaries when our first Toy Buffet was launched 14 years ago.

As creative play is an essential part of child development, this year's theme "Little Explorers, Big Adventures" aims to encourage children to feel creative and spark interest in exploring their future roles through toys. Mr Tan Chuan-Jin, Speaker of the Parliament of Singapore, graced the event as Guest-of-Honour.

Big thanks to our presenting sponsor, Acendas-Singbridge Gives Foundation, and supporting partner NTUC Fairprice, who provided goodie bags for every child, while Nanyang Polytechnic offered their generous atrium that provided a wonderful carnival-like atmosphere for the event.

We also express our heartfelt appreciation to all our ardent volunteers. Popular radio DJ, Ms Jean Danker took time off her busy schedule to spent an afternoon with our beneficiaries and guests as our stage host. A 500-strong team of student volunteers from Nanyang Polytechnic and over 600 corporate volunteers from partners such as DBS and AIG, took up the roles of Toy Ambassadors, helping to spread joy to all the children at the carnival.

45 toy drives were conducted before the event by corporations and schools, collecting more than 10,000 toys, allowing each beneficiary to bring home three toys this year, an increase from the previous two toys. Hence, we want to thank all toy drive and toy booth partners for their utmost support to make this event a huge success that brought bright smiles to all our beneficiaries.



YEAR IN REVIEW

JAN 12 15TH ANNIVERSARY APPRECIATION DINNER



Our pioneer volunteers, sponsors, donors, board members, and beneficiaries joined to commemorate Food from the Heart's 15 years of fighting hunger, many who have been with us since day one!

MAR 25 FEEDING THE 5000



We shared compelling numbers and stories of our Bread Run and Market Place programmes, as well as Clean Plate Campaign at "Feeding the 5000", a global movement that aims at raising awareness on food wastage.

FEB 23 CHINESE NEW YEAR BLESSINGS



Taking a break away from traditional pineapple tarts for Chinese New Year, our beneficiaries were gifted with pineapple steam buns, thanks for the generosity of our sponsors, Bee Sim Pau.

APR 20 STOMPING OUT HUNGER



The second graders from Singapore American School sweated it out at the annual walk-a-thon and raised over \$43,000 for Food from the Heart, proof that you are never too young to contribute to the community!

APR 19-25 SHOP AND DONATE



Help to fill our food packs with food and love, that was exactly what shoppers at 18 Taiseng and Harbourfront Centre did when they donated essentials such as cooking oil and rice. Thanks to Mapletree Investments Pte Ltd for providing the locations for our food drive booths.

JUL 2 FUNDRAISER FOR FOOD



RSAF Unit 9 AELG answered our calls for food by organising a fundraiser to purchase items for our beneficiaries. Every food drive will help to keep the monthly distribution of at least 3,600 food packs going. Thanks for supporting our cause!

JUN 3 FOOD SOLDIERS



For the inaugural local edition of Ride Sunday, Harley Davidson of Singapore chose to support our cause. Besides raising funds, over 50 riders delivered food packs on their Harleys and carried out a food distribution session at Chong Pang Community Club.

SEP 8 WEEKEND WELL SPENT



Staff from Yeo Hiap Seng swapped sleeping in on a Sunday for an early morning food distribution session. Besides food, the event also brought warmth and joy to our beneficiaries from several Self Collection Centres, definitely worth waking up early for!

SEP
23MARRIOTT RUN
TO GIVE

Marriott Group had its staff joined by their friends and families for the annual fundraising event held at Sentosa Pelawan Beach this year.

OCT
20

SHOPPING BUDDIES



Our beneficiaries went on an all-paid-for weekend grocery shopping trip, courtesy of NTUC FairPrice, NTUC Link, OCBC Bank and Visa.

NOV
10

SIAEC FUN RUN



Besides raising \$53,380 for a worthy cause, SIA Engineering Company also hosted our beneficiaries under Community Food Pack programme at the annual fundraising event held at the Singapore Zoo.

DEC
9

RUN FOR A GOOD CAUSE



Our board director Alex Chua completed a half-marathon and raised 3,500kg of New Moon fragrant rice for the Community Food Pack programme. A big thank you to Goh Joo Jin Pte Ltd for their pledge and support!

OUR DONORS
AND SPONSORS

The work that we do to improve the lives of our beneficiaries is made possible due to the commitment and generosity of our donors, sponsors and partners. We are immensely grateful for their support and partnership to our cause. Thank you!

Official Community Food Pack Partner (2017 - 2021)

Images in Motion

Official Logistics & Transport Partner (2017 - 2019)

Goldbell Foundation

Market Place Partner

NTUC FairPrice Co-operative Ptd Ltd

Provision and Distribution of Eggs for Community Food Pack Programme

Oversea-Chinese Banking Corporation Limited

CORPORATE CASH SPONSORS

\$50,000 and above

Ascendas Land (Singapore) Pte Ltd
Audemars Piguet (Singapore) Pte Ltd
Edrington Singapore Pte Ltd
Goldbell Foundation

Lee Foundation
NTUC Fairprice Foundation Ltd
Oversea-Chinese Banking Corporation Limited
SIA Engineering Company Limited

\$25,000 - \$49,999

First State Investments (Singapore)
Neste Singapore Pte Ltd
Singapore American School Limited
Tanglin Corporation Pte Ltd

The Boston Consulting Group Pte. Ltd
The UPS Foundation
Union Bancaire Privée
Visa Worldwide Pte Limited

\$10,000 - \$24,999

A-Star-Education Holdings Pte Ltd
Applied Materials South East Asia Pte Ltd
Bayer (South East Asia) Pte Ltd
Bloomberg Singapore Pte. Ltd
Chew How Teck Foundation
Club 21 Pte Ltd
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HOYA Medical Singapore Pte. Ltd.
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Marina Bay Sands Pte Ltd
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SymAsia Singapore Fund - Te Lay Hoon Foundation
The Shaw Foundation Pte
Vantage Shipbrokers Pte. Ltd.

INDIVIDUAL CASH SPONSORS

\$25,000 and above

Bobby Hiranandani s/o Asok Kumar

Ronald Paul Stride

Steve Tay Soo Hoe

\$10,000 - \$24,999

Anil Thadani
Clarinda Tjia Dharmadi
Finian Seng Chin Tan
Gurpreet Dhillon

Jimmy Lim
Karen Fawcett and Alisdair Ferrie
Knut Unger
Lee Teng Suan
Mahesh Buxani

Manraj Sekhon
Olivia Leong Findley
Roland Schwinn
Thomas Appelt
Timothy Yeo Wei Tien

\$5,000 - \$9,999

Abhinav Jhunjunwala
Albert Ee Oon Sun
Andress Goh
Angelo Roxas
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Chandran Vivian Pearl Johnston
Cheryl Lee Koong Yinn
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Gabriel Schulze
Gary Chua Gim Kie
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Hong DongSheng
Ko Kheng Hwa
Kuek Kien Joo, Andy
Lee Lay Hien Isaac
Leong Quor Meng

Lim Lung Tieng (Lin LongTian)
Martin Siah Geok Wah
Michelle Koh Siew Lin
Seow Chi Yip
Steven Paul McBain
Tan Su Shan
Tang Kim Siong
Tobia Unchu

\$2,000 - \$4,999

Alexander Chee Kuan Hock
Ben Shaun Turner
Chew Keng Seng
Christopher David Martin
Chua Cheng Huat, Alfred
Chua Khée Su Jason
Dastur Khushroo
David Leong
Denise Phua Lay Peng
Do Khoi Nguyen
Goh Ah Huwy
Goh Yau Hong
Goon Swee Kheong
Ho Xiang Yu Wendy

Ingi Choon
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Lim Der Shing
Linda Soo Yook Lin
Michelle Gondokusuno
Nancy Tey Lan See
Ooi Huey Tyng
Oskar Sigl
Pauline Sim Li Ping
Pawanpreet Singh
Rohan Mendis
Stephanie Choo Pei Fang
Susan Leong Lai Onn
Swan Erika Ann

Tan Ah Leong
Tan Kah Lin William
Tan Kwang Hwee
Tan Li Xin, Zeena
Tay Hock Jin Alvin
Teo Chen Hian
Teo Seow Phong
Tong Kok Chiang
Vernon Griffiths
Vincent Ang
Victor Lai
Yang Yung-Chuan Eugene
Yeo Yan Ping
Yong Yew Tiek Terence

DONATIONS IN-KIND

BREAD RUN PARTNERS

1 More Bread
Ana Bakery
And All Things Delicious
Artisan Boulangerie Co.
Bak.er.Like
Bake Inc
Baker and Cook
Bakery Cuisine
Bakery Degree
Bakerzin
Bengawan Solo
Bethel Confectionery
Breadfresh
BreadTalk
Bun Times
Cake Avenue
Common Man Coffee Roasters
Country Brot by Four Leaves
Delifrance Singapore
Dohca Bakery
Dough & Grains
Doughshop Pte Ltd
Epid'or by Four Leaves

Four Leaves Pte Ltd
Four Seasons Hotel
Grand Hyatt Singapore
Grand Hyatt Singapore - Mezza9
Han's Cafe
ibis Singapore on Bencoolen - Taste Restaurant
Joe & Dough
Jollibean Foods Pte Ltd
Juz Bread
Kohi-Koji Café & Bakery
Kraftwich by Swissbake
LeVeL33
Love Tea Cafe
Mandarin Oriental, Singapore
Marche Restaurant
Marina Bay Sands Pte Ltd
Marina Bay Sands Pte Ltd - RISE Restaurant
Mercure Singapore Bugis - Royale Restaurant
MUNCH
Nick Vina Artisan Bakery
NOM Bistro & Bakery
Odette Restaurant
Omzyn Cake

Prego Deli
Prima Food Pte Ltd
PrimaDéli
Proofer Boulangerie
RedMart Ltd
Regent Singapore
Resorts World Sentosa
Rotikek
Sembawang Confectionery
Shangri-La Hotel
Starbucks Eastpoint Mall
Sunshine Bakeries
Swissbake Pte Ltd
Swissotel
The Fullerton Hotel
The Ritz-Carlton
The Sandwich Shop
The St. Regis
The Swiss Backer
ToTT Store
Vanilla Pastry and Bakery
Wheat Bakery
Yi Jia Bakery House Cafe

Donors & Sponsors

Donors & Sponsors

CORPORATIONS

Allied World Assurance
American Women's Association of Singapore
Anbros Industries International Pte Ltd
Angliss Singapore Pte Ltd
Ang Seng Eggs Supplier
ArevA Group Pte. Ltd
Ascendas Services Pte Ltd
Bayer (South East Asia) Pte Ltd
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Bethesda Frankel Estate Church
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Celestica Electronics (Singapore) Pte Ltd
Charles & Keith (Singapore) Pte Ltd
Chevron Malaysia Limited
Chuan Kiat Demolition Works (S) Pte Ltd
Clouet Trading Pte Ltd
Como Lifestyle Pte Ltd
Credit Suisse (Singapore) Ltd
Culina Pte Ltd
D+1 Holding
Delicious GF Pte Ltd
Deutsche Bank
East Bali Cashews
Edrington Singapore Pte Ltd
Estel Alkaline Water
Everwell Pte Ltd
Facebook Singapore Pte Ltd
FDK Automotive & Leasing Services Pte Ltd

Fresh N Natural Foods Pte Ltd
Giant Singapore
Gift Something
Global Logistic Properties Limited
Holiday Inn Express Singapore Clarke Quay
Holiday Inn Singapore Atrium
Hypertherm (Singapore) Pte Ltd
Janus Henderson Global Investors (Singapore) Limited
JW Marriott Hotel Singapore South Beach
Kenda (S) Pte Ltd
Kino Biotech Pte Ltd
KS Food Industries
Le Méridien Singapore, Sentosa
Lion City Hash House Harriers
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Pepsico Foods International Pte Ltd
Rich Construction Company Pte. Ltd
Ricoh (Singapore) Pte Ltd
serendipET
Siemens
Silver Generation Office (Nee Soon)
Simply Hamper Singapore Pte Ltd
Singapore Sindhi Association
Skadden, Arps, Slate, Meagher & Flom LLP and Affiliates
Smunchies
Speedcast Singapore Pte Ltd
Sun Kee (Pte) Ltd
Swire Pacific Offshore Services Pte Ltd
Syndicate Artifacts
Takeda Singapore
The Concorde Hotel, Singapore
The Republic of Singapore Air Force
Tong Thai Seng Produce (Impex) Trading
UBS Investment Bank
UL International Singapore Pte Ltd
Unilever Singapore Pte Ltd
Union Bancaire Privée, UBP SA
USANA Health Sciences Singapore
Vanguard Investments Singapore Pte Ltd
Wallhub Pte Ltd
Wave Maker
Wearnes - Infinity
William Grant & Sons
Yeo Hiap Seng Limited
Zimmer Pte Ltd

SCHOOLS/INSTITUTIONS

Anderson Primary School
Ang Mo Kio Primary School
Ang Mo Kio Secondary School
Apollo International Preschool Private Limited
Beacon Primary School
Bedok Green Secondary School
Bukit Batok Secondary School
Canadian Internation School
Catholic Junior College
Chongfu Primary School
Chongzheng Primary School
Coral Primary School
Da Qiao Primary School
Deyi Secondary School
E-Bridge Pre-School
East Coast Primary School
East Spring Primary School
East View Secondary School
Elias Park Primary School
Evergreen Primary School
Fernvale Primary School
Gan Eng Seng Primary School
Greenridge Primary School
Holy Innocents' Primary School
Horizon Primary School
Innova Junior College
International Community School
ITE College West
Jurong Junior College

Jurong West Secondary School
Kong Hwa School
Kranji Primary School
Maha Bodhi School
Manjusri Secondary School
Michel Hostel
Nan Chiau High School
Nan Hua High School
Nanyang Junior College
Nanyang Polytechnic
Nanyang Technological University
National Institute of Education
National University of Singapore
Nexus International School (Singapore)
Ngee Ann Polytechnic
North View Primary School
North Vista Primary School
Northbrooks Secondary School
NUS High School of Math and Science
Odyssey the Global Preschool Pte Ltd
Palm View Primary School
PCF Sparkletots Preschool
Pei Hwa Presbyterian Primary School
Pei Hwa Secondary School
Poi Ching School
PSB Academy Campus
Queenstown Secondary School
Raffles Girls' Secondary School
Republic Polytechnic
Riverside Secondary School

Sengkang Green Primary School
Sengkang Primary School
Serangoon Garden Secondary School
Singapore Polytechnic
Singapore School of Science and Technology
Springdale Primary School
St Andrew's Secondary School
St Anthony's Primary School
St. Anthony's Canossian Secondary School
St. Stephen's School
Stamford American International School
Tampines North Primary School
Tampines Secondary School
Tanglin Trust School
Tanglin Trust School - Leopard Class 2018
Teck Ghee Primary School
Temasek Primary School
Temasek Secondary School
Victoria Junior College
Victoria Montessori School
Victoria School
West Grove Primary School
Woodgrove Primary School
Woodlands Ring Secondary School
Xinmin Primary School
Yio Chu Kang Primary School
Yio Chu Kang Secondary School
Yumin Primary School
Zheng Hua Primary School

AUDITED FINANCIAL STATEMENTS 2018

Income & Expenditure Statement

For the year ended 31 December 2018

	2018 (S\$)	2017 (S\$)
Income		
Outright Donations	574,359	743,241
Fundraising Events	807,549	790,484
Charitable Events	222,366	407,926
Food Purchase Account	896,372	826,635
Grant	245,657	50,000
Other Income	175,358	50,727
TOTAL INCOME	2,921,661	2,869,013
Expenditure		
Fundraising Events	249,874	244,382
Charitable Events	184,154	166,142
Food Purchase Account	911,534	758,075
General & Administrative	1,674,381	1,369,235
TOTAL EXPENDITURE	3,019,943	2,537,835
Net Operating Surplus / (Deficit)	(98,282)	331,178
Non-Operating Income		
Utilisation of Funds	186,098	183,839
Amortisation of Deferred Funds	233,957	175,591
TOTAL NON-OPERATING INCOME	420,055	359,430
Surplus of Income over Expenditure	321,773	690,608

Staff with remuneration above \$100,000

\$100,000 and \$200,000*

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*includes basic salary, annual wage supplement, allowances, and employer's contributions to Central Provident Funds.

Food from the Heart is governed by the Board of Directors which is the final authority and has overall responsibility for policy making and governance. Board members are volunteers and receive no monetary remuneration for their contribution.

Food from the Heart has in place a Conflict of Interest and Confidentiality Policy Statement. Members of the Board of Directors and employees must declare if they have a conflict of interest regarding any business before the Board.

Food from the Heart is committed to the highest standards of openness, probity and accountability. The organisation has adopted a Whistleblowing policy to enable employees of the Company to raise concerns internally and at a high level and to disclose information which the individual believes shows malpractice or impropriety.

Balance Sheet

As at 31 December 2018

	Note	2018 (S\$)	2017 (S\$)
Assets			
Non-Current Assets			
Plant and Equipment		363,427	439,600
Current Assets			
Other Receivables	1	291,477	9,479
Deposits		67,275	52,682
Prepayments		28,534	27,599
Inventory	2	56,680	-
Cash & Bank Balances			
- Operating		1,674,405	1,192,884
- Reserves	3	1,241,602	929,941
- Designated	4	3,281,998	3,052,703
Total Cash & Bank Balances		6,198,005	5,175,528
Total Current Assets		6,641,971	5,265,288
TOTAL ASSETS		7,005,398	5,704,888
Funds			
Accumulated Funds		4,326,316	3,635,708
Designated Funds - Care & Share Matching Grant	5	672,326	(87,843)
Deferred Funds - Care & Share Matching Grant	6	368,852	364,075
Current Year Earnings		321,773	690,608
Total Funds		5,689,267	4,602,548
Liabilities			
Other Payables and Accruals		127,216	104,113
Deferred Income	7	1,188,915	998,227
Total Liabilities		1,316,131	1,102,340
TOTAL FUNDS AND LIABILITIES		7,005,398	5,704,888

Notes to the Financial Statements

Note 1: The balance consists of Tote Board Grants (\$160,372) and pledged donations which have been received after financial year end.

Note 2: Amount represents undistributed cash vouchers as at year end.

Note 3: Reserve Policy:

Food from the Heart's objective in managing fund is to maintain a level of reserve that enables the company to continue operating within at least twelve months period of time. This reserve is used to fund for working capital, any unexpected expenditures or events, and shortfalls in income. The Board of Directors reviews the company's reserve level on regular basis.

Note 4: Consists of funds restricted for use in food purchase only.

Note 5: Designated Fund

Designated fund is the fund received under Care and Share Matching Grant. The fund is designated for specific type of usage and will go towards building the capabilities and capacities of the social service sector and supporting social services to meet rising needs. NCSS has extended the fund utilisation period to 31 March 2021, and any remaining funds at the end of the extended date will be returned to NCSS.

The matching grant can be used in the following areas:

- Capability building
- Capacity building
- New initiatives or expansion of existing services
- Critical existing needs (up to 20% of grant disbursed)

Note 6: Deferred Fund

Care and Share Matching Grant received for approved supported usage is accounted for in respective fund accounts. Amount utilised for the purchase of plant and equipment is transferred to deferred fund account and amortised over the useful lives of the related assets to match the depreciation of the assets through amortisation of deferred fund. Amount utilized for other approved supported usage is transferred to deferred fund account and recognised as income through utilised of fund.

Note 7: Deferred Income

Deferred income comprises of voluntary donation income received during the year and designated for purchasing of food, programmes and events usage in the future.

The full set of audited financial statements is available at www.foodfromtheheart.sg

HOW CAN YOU HELP?

Join us in our purpose of sharing hope and nourishing lives. Here are some ways you can get involved:

Make a cash donation towards our cause. Your gift goes to purchasing food and operating expenses such as day-to-day managing of programmes, warehousing and logistics. As an independent charity that does not receive regular government funding, we need your help to run these operations! Cash donations are eligible for a 250% tax deduction.

Visit www.foodfromtheheart.sg/donate or scan the QR-Code below.



Food from the Heart seeks socially-conscious individuals, corporations and institutions to champion our cause with us. We work with partners by maximising the positive impact so that they can feel good about their contribution to Food from the Heart's objective of feeding the hungry. Take a virtual tour to find out how you or your company can make a difference in the fight against hunger and food wastage!

Visit www.foodfromtheheart.sg/opportunities-to-help or scan the QR-Code below.



Share our stories

Follow us on social media and share our stories with your friends and loved ones.



MEET THE TEAM

Our committed team of passionate individuals ensures the smooth running of the day-to-day operations, while working hand-in-hand with our thousands of volunteers to make sure every beneficiary of Food from the Heart receives their food items in a timely manner.



Seated row, from left: Shari Bin Raman, Timothy Lai, Sim Bee Hia (CEO), Mohamad Zuraimi Muchi, Kelvin Lee, Emil Oh

Middle row, from left: Bryan Tan, Jade Tan, Helen Tan, Shahira Maya Sahar, Geraldine Yong, Jeslyn Wee, Jaslin Koh

Top row, from left: Pan Bijun, Jesvinder Kaur, Sandra Zhang, Moretta Song, Mohmad Othman, Katherine Chin, Luke Lim, Toh Bock Heng

“On behalf of our beneficiaries and Food from the Heart’s team, a very BIG thank-you to our Board of Directors, sponsors, partners and friends in joining us to sustain our efforts to feed 40,300 individuals monthly through our various food programmes. Your ongoing and steadfast support helped us improve food security amongst the needy. We hope you will continue to be part of our journey in alleviating hunger in Singapore. Let us continue to share hope and nourish lives, one food pack at a time.”

Sim Bee Hia
CEO
Food from the Heart





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6280 4483 | info@foodheart.org

 www.foodfromtheheart.sg |  [foodheart](https://www.facebook.com/foodheart) |  [foodfromtheheartsg](https://www.instagram.com/foodfromtheheartsg)

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