



**ANNUAL
REPORT
2021**

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Food
from the
Heart



Sharing Hope, Nourishing Lives



Food from the Heart is a charity with IPC status that feeds the needy through its food distribution programmes. It was established in February 2003 after Singapore-based Austrian couple Henry and Christine Laimer read a report in The Sunday Times about bakeries discarding their unsold bread. Stirred, they then decided to collect and redistribute unsold bread from bakeries to those in need.

Today, Food from the Heart is one of Singapore's foremost independent food charities devoted to alleviating hunger through efficient distribution of food in a sustainable manner; and making a significant impact in food waste reduction.

Member of



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Our Vision

To be the leading charity in Singapore devoted to alleviating hunger through efficient distribution of food.

Our Mission

To alleviate hunger by providing reliable, consistent and sustainable food support to the less-fortunate through food distribution programmes.

Our Values

As we work towards our mission, we embrace the value of professionalism, efficiency, transparency and self-sustainability.

Our Shared Purpose

Sharing Hope, Nourishing Lives

MESSAGE FROM OUR CHAIRMAN

The year 2021 remained a challenging one as variants of the COVID-19 virus continue to impact the normalcy of everyday life. Riding on the resilience built in the first year of the pandemic in 2020, we pressed on. We understand those who seek the assistance of our programmes are trying their best to cope, and that the promise of their next meal is essential to them. This drives us to work hard to ensure reliable and consistent provision of our food support to give our beneficiaries the food security that they need.

With the generosity and help of our donors, sponsors, community partners and volunteers, Food from the Heart is now serving 59,500 people. In total, we distributed \$7.22 million worth of food to those hit the hardest by the pandemic. 107,658 food packs were distributed in 2021, 10% more than the year before. We also expanded distribution points from 309 to 335, allowing our beneficiaries to have more convenient access to our food support. Together as a community, we have accomplished these tremendous outcomes amid extraordinary circumstances.

With combined efforts of corporates, schools, the community, and staff, we received \$2.60 million worth of food donations, an increase of close to \$1 million. After a call-out on social media, which went viral after it was picked up by online media Mothership, an overwhelming outpour of generosity from the general public helped raised incremental in-kind donations of more than \$500,000. Charity Golf, our first in-person event since COVID-19 saw corporate sponsorships triple from previous years. We are strongly encouraged that the spirit of giving remained steadfast during these difficult times.

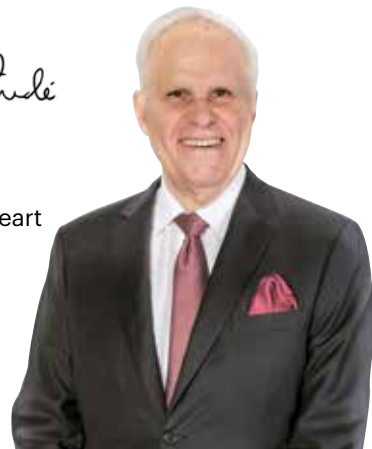
With positive feedback collected from all stakeholders of the first Community Shop @ Mountbatten, we are heartened to bring this initiative to more housing estates. In early 2021, we opened the Community Shop @ Boon Lay to serve 350 families initially. Now, it serves close to 1,000 needy households. I am proud to see how the Shops have developed and the value this initiative brings to the beneficiaries. It allows us to give better, accord beneficiaries with the dignity of choice and reduce food wastage.

The pandemic has disrupted our lives but accelerated our adoption of technology. We rolled out a new food donation management system with barcode scanning capability, which is efficient, seamless, and accurate. Volunteers testified that it reduces up to 70% of the time spent on manual recording and teaching new volunteers the process. Improved productivity for staff allows them more time to review areas we can improve on to serve our beneficiaries better.

Despite rising food and fuel prices, and uncertainties ahead, we will emerge stronger than before the pandemic, as we are ready to face the year ahead. Our positive spirits are fuelled with social interactions abound. We look forward to holding more events this year and your continued confidence and support.



Ronald P. Stride
Chairman
Food from the Heart



I OUR BOARD

Food from the Heart is steered by its board members, each of whom are recognised individuals in their respective fields and professions. Their combined experience and network has led the sustainable growth of the charity since it was founded in 2003.



Seated (from left to right):

Mr Ronald P. Stride, Chairman (8/8*), **Ms Linda Soo-Tan** (8/8), **Ms Chin Bottinelli** (8/8), **Mr Khushroo Dastur** (8/8)

Standing (from left to right):

Dato' Andy Kuek (7/8), **Mr Mahesh Buxani**, Treasurer (8/8), **Mr Eugene Yang** (8/8), **Mr Christopher Martin**, Advisor (6/8), **Dr Knut Unger**, Secretary (8/8), **Mr Alex Chua** (8/8), **Mr Robin C. Lee**, CEO

**Number of Board Meetings Attended/Held*

WHAT YOU HAVE HELPED US ACHIEVE



Bread Run
\$2,527,809



**Community
Food Pack**
\$3,597,429

2021



\$7,222,000
Worth of food
distributed



**School
Goodie Bag**
\$768,515



Project Belanja!
\$122,880



Market Place
\$205,152

WHAT YOU HAVE HELPED US ACHIEVE



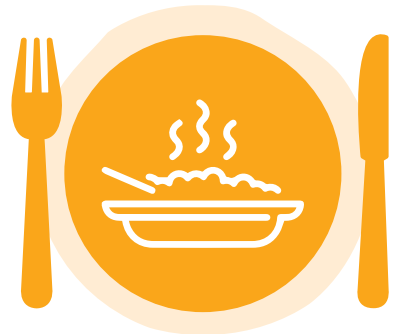
59,500
Beneficiaries
supported



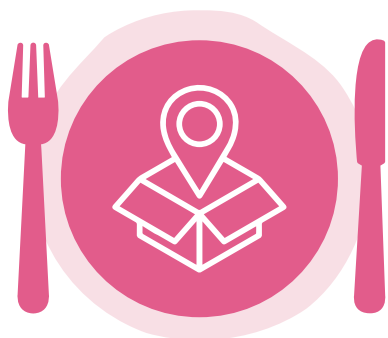
\$7,221,785
Worth of food
distributed



107,658
Food packs
distributed



59,078
Hot meals
provided



335

Food distribution
points



20,924

Volunteer activity
sign-ups

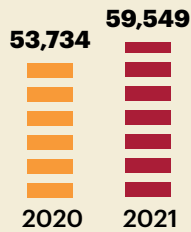


402

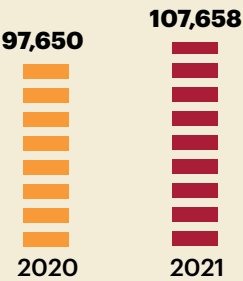
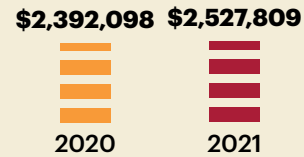
Food donation
drives organised

YEAR ON YEAR SNAPSHOT

Beneficiaries Supported

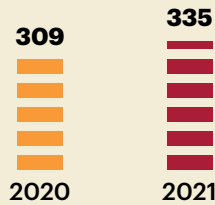


Bread Distributed

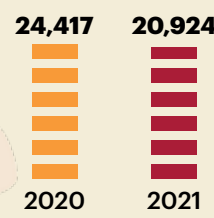


Food Packs Distributed

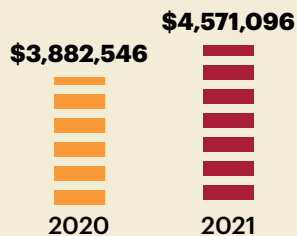
Food Distribution Points



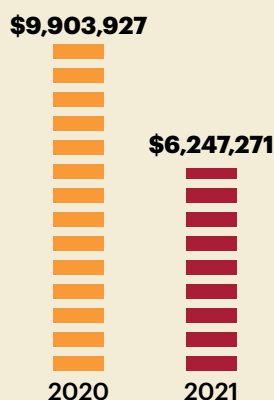
Food Packing Volunteers



Decrease as a result of several periods of heightened alert measures, due to rise in COVID-19 cases in the community



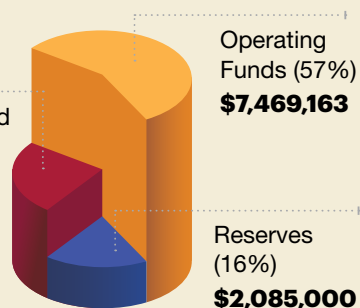
Funds Raised



Designated and Non-Designated Funds 2021



Total Designated Funds (27%)
\$3,462,683



HOW WE IDENTIFY OUR BENEFICIARIES

Who is Food from the Heart helping?

Food from the Heart works with grassroot organisations and welfare homes to reach out to those who need our support. Our beneficiaries include low-income individuals and families who are residents of welfare homes, as well as those staying in the housing estates. Their per capita income typically falls below S\$690.

I SHARING HOPE

“

Lunar New Year is a time for family reunions. Due to the pandemic, many people are unable to gather with their family and friends. I want more people to feel loved and cared for so they won't feel so alone.

”



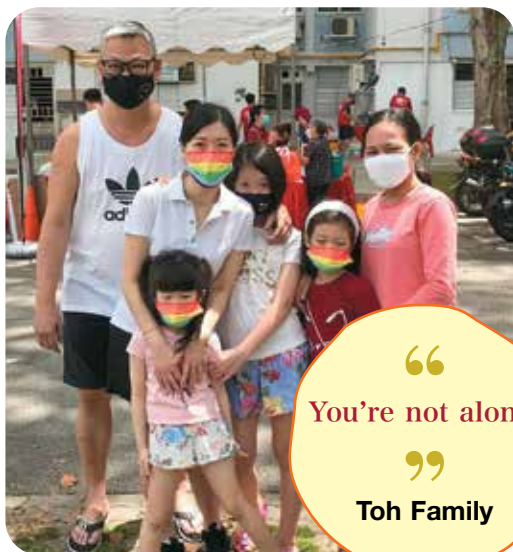
Jing Nan, ONE Women's Strawweight World Champion, volunteered together with the ONE Championship team.

“

My involvement has been fruitful: helping people during their time of need and understanding the challenges faced by the seniors and the low-income communities. Food from the Heart plays a vital role in helping them. I am thankful to be part of this team.

”

Sze Kheng feels that volunteering at the Community Shop @ Mountbatten has widened her horizons while he gives back to the society.



“

You're not alone.

”

Toh Family

A simple, but heart-warming message to our beneficiaries as they dropped off food items at our food drive for the Community Shop @ Boon Lay.

“

It feels good! There is an additional sense of fulfilment in guiding other like-minded people along in a cause that we're all passionate about. It has been a very positive experience, everything is well-organised, which makes me want to come back more. It is time well-spent!

”

Clara, regular volunteer since February 2021, on taking up additional responsibility of leading new volunteers.

“

Being on Bread Run showed us the amount of food waste generated in Singapore; We had fulfilling afternoons and evenings doing our part to reduce food waste and working with mum to bring bread over to the Homes and Residents' Centres.

”



Young Bread Runners **Julius** and **Jeraldine** reflect on the meaningful time they spent saving unsold bread, and delivering them to beneficiaries, with their mum **Cecilia**.

“

Things can get hectic at the Community Shop, especially at the beginning of the month, but the beneficiaries do show us their appreciation and will write us cards and notes every now and then.

My fellow volunteers have also been a pleasure to work with. We intuitively function as a team during the busy periods and keep each other entertained when things are slow.

”

Volunteers are integral to the smooth operation of our Community Shops. They fully support the Shops during operational hours. **Lu Kai**, who has been helping weekly at Community Shop @ Boon Lay since its opening, feels that it has been a positive experience for him.



“

I have been a Bread Run volunteer for several years and am happy with the way the assignments are being managed.

I enjoy helping at the Community Shop @ Boon Lay very much and the opportunity to get to know the residents. They share their difficulties and experiences and are always happy when they leave with their selections.

It is also heartening to meet befrienders who come to collect on behalf of less mobile beneficiaries, and donors who drop off food in person. Not to mention making new friends with like-minded volunteers.

”

Seasoned volunteer **Kum Soei** sheds light on her experience across various Food from the Heart programmes. She has also helped with food sorting and packing food packs at the warehouse.

I NOURISHING LIVES

As a senior, it can be challenging for me to head out to buy my own groceries. Hence, I really appreciate that the distribution is at the Active Aging Centre under my block as it is more convenient.



Mdm Tang, a Community Food Pack beneficiary, who looks forward to her weekly food support.

We're so lucky. Not only do we get canned food, now we also get to have fresh vegetables. This would cost me about \$1 otherwise and would last my sister and I one meal. Her doctor advised her to eat healthier so we cook every day.

The monthly rations we received have allowed us to save money for other expenses, such as medical bills and transport.



Mdm Soon, Beneficiary of Community Shop @ Boon Lay, looks forward to redeeming fresh produce for her home-cooked meals, thanks to the Farms to Families campaign.

Mdm Saome & Mr Misawan, beneficiaries of Community Food Pack, appreciate that the food support they receive help to reduce financial burden for them.

Project Belanja! helps to provide the needy and vulnerable seniors staying at Tampines West with freshly-cooked meals of their choice. It also help the senior to save some cost on their food expenses. Most of them are unable to work due to old age and illnesses.

Evergreen Circle Senior Activity Centre, a Project Belanja! community partner. Through the programme, they reach out, identify and connect with needy elderly beneficiaries. They also use this opportunity to see what else they can help the needy seniors in.

The biscuits, cereals and milk were good source of breakfast for the students. Overall, parents and students were appreciative and grateful to be the recipients of the School Goodie Bag (SGB).

Mdm Noorfizah, Teacher, St Anthony's Primary School.

Unable to work due to her health, **Mdm Letchimi** relies on the Silver Support Scheme, which barely covers her household expenses. Project Belanja! helps her to defray the cost of her meals. She can use that money to pay for her other necessities.



Project Belanja! helps me cover some of my food expenses and also provides me nutritious food which I prefer.



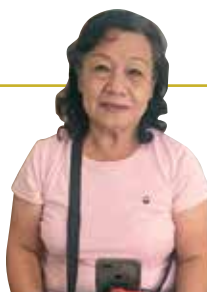
Mr Seng is unable to work due to his illness. He depends on monthly reimbursement from his CPF Retirement account. However, the amount is only enough to cover his rental, utilities and mobile phone bills with little money left for his meals.

On behalf of all beneficiaries of Teen Challenge Singapore, a BIG THANK YOU to Food from the Heart for all the various types of food donations received throughout the year. Our partnership goes a long way and we commend the strong support and community partnership to ensure that no food goes to waste.

Confident that our partnership will continue to strengthen as we join hands towards greater food sustainability is **Teen Challenge Singapore**, a beneficiary partner of Market Place programme.

The broad smiles on the faces of the School Goodie Bag recipients when they collect the items always make me feel grateful for the invaluable help that Food From The Heart is providing for our needy students.

Mr Alvin, Teacher, Yuhua Secondary School



Project Belanja helps me cover some of my food expenses. I can save this little amount for emergency use.

Unable to walk for long distance due to spinal issues, **Mdm Tan** depends on financial support from Silver Support Scheme and her CPF Retirement to pay for her rental, utilities and food expenses. This leaves her with little to no money to save for emergency or rainy days.



Community Food Pack

The Community Food Pack programme helps the less-fortunate put food on the table and is fueled by a mix of food donations, cash donations that are used to make food purchases, bread from our Bread Run programme, and the sweat of hardworking volunteers who assist us in the sorting and packing process. Weekly bread rations and monthly food packs, as well as a monthly rotational distribution of fresh eggs, fruits and root vegetables, are distributed through our 92 community partners, providing aid to over 9,200 families.

To provide more than just sustenance, Food from the Heart continually strives to increase the nutritional value of our food pack. Needy dialysis patients receive curated food packs suitable for their diets. At the same time, wholesome additions such as oats, fresh eggs, fruits and root vegetables supplement the standard bundle of non-perishable food items.

Food from the Heart piloted the Community Shop initiative in February 2020, a shop-for-free concept for the needy. At the Community Shop, beneficiaries can choose the food items instead of receiving standard food packages and redeem them via the QR code on their beneficiary cards.

**92**

DISTRIBUTION POINTS

**93,685**

FOOD PACKS

**9,205**

FAMILIES



School Goodie Bag

The School Goodie Bag programme partners with schools and focuses on providing underprivileged students and their families with monthly food rations to support them through a key stage of their lives. It supplements the meals of needy children and their families and reduces their financial burden.

The School Goodie Bag is also the first charitable food pack endorsed by the Health Promotion Board. Funded purely through cash donations, the curated food pack includes popular sources of protein such as milk and eggs to support growth and development. Currently, over 6,000 beneficiaries are supported under this programme.

Short for Improvements in Conduct, Attendance and Non-academic performance, the annual I CAN Awards 2021 celebrates the resilience and achievements of our 90 award recipients, who are part of our School Goodie Bag Programme.

**38**

SCHOOLS

**6,188**

BENEFICIARIES

**13,973**SCHOOL GOODIE BAGS
DISTRIBUTED



Bread Run

The Bread Run programme aims to feed the needy with safe-for consumption bread that would otherwise have been thrown away. It strives to achieve an equilibrium between food surplus in the retail sector and where it is needed within the community.

Food from the Heart works with an intricate network of partners who donate bread, volunteers who can deliver the bread, and community partners who pass on the bread to our beneficiaries.

Almost 1,700 volunteers collect perfectly edible, unsold bread from their assigned bakeries or hotels regardless of rain or shine and redistribute it to those who need them through our Bread Run Programme. Similar to 2020, several hotels have yet to resume events and bakeries stopped surplus bread donations due to operational disruptions or closures amid the pandemic. Despite this, our volunteers collected an estimated \$2.5 million worth of unsold bread in 2021.



16,500
BREAD RUNS



191,000kg
SAVED AND GIVEN OUT



26,430
HAPPY STOMACHS



Project Belanja!

Project Belanja! is a hot food redemption programme, run in partnership with hawker stall owners. It provides the needy with freshly-cooked meals to be redeemed at designated neighbouring hawker stalls, within proximity of the activity zones of the beneficiaries.

Some of our beneficiaries are unable to cook their own meals. For them, Project Belanja! is a cooked-food alternative to food pack rations. To others, it gives them greater choice and flexibility over what their meal will be – they get to choose when they want a change from their usual fare, cooked by someone else in a different way, enjoyed in another environment.

Beneficiaries use the QR code on their Food from the Heart beneficiary card to redeem up to 15 meals per month for each person. The cards are scanned on a custom-built mobile app used by partnering hawker stall vendors, where redemption data is tracked to better understand and serve the beneficiaries.

A seamless way of distributing food support, Project Belanja! is available at Tampines, Kolam Ayer, Mountbatten and Toa Payoh. The programme also encourages them to step out of the house to interact with the community.



323

BENEFICIARIES



31

HAWKER PARTNERS



59,078

HOT MEALS DISTRIBUTED



Market Place

The Market Place programme seeks to create a win-win solution that reduces food waste while feeding the needy with food that retailers do not wish to keep on the shelves but are still good for consumption to those who need them. The items are distributed to welfare homes and other beneficiaries via our Community Food Pack programme.

Maximising our unique position within the community as a food redistributor, Food from the Heart collects packaging-damaged, near-expiry food items for redistribution. Plying monthly island-wide routes covering over 100 FairPrice supermarket outlets, perfectly edible food is given to those who need them instead of going to waste.



\$205,152

WORTH OF ITEMS SAVED
AND GIVEN OUT



28

WELFARE HOMES



6,500

BENEFICIARIES

I COMMUNITY SHOP



One of our milestone initiatives towards giving better is the Community Shop. By returning the dignity of choice to the needy, this mental aspect helps to close the increasing gap in Singapore's standards of living; the experience of shopping allows them to see the range of products available at the Shop, compare them, and choose what they want to bring home.

Community Shop @ Mountbatten serves close to 200 benefitting households from Mountbatten SMC while the second Community Shop @ Boon Lay, which opened on March 24, 2021 serves close to 1,000 families referred by Boon Lay Citizens' Consultative Committee and NTUC Health.

A beneficiary of Community Shop @ Boon Lay, Madam Hu, who lives alone, previously received monthly food packs for two years. She found it troublesome to give away items

she does not eat, such as biscuits, to her neighbours. On preferring the Community Shop concept that provides targeted help and helps reduce food waste, she said "I can take only what I need and not worry about wasting anything."

Another beneficiary, Mr Ahmad Maricar, enjoyed his experience at the Shop, saying, "The Shop has plenty of useful items to choose from, and I can even select the brands. I am looking forward to shopping from here every month."

We are incredibly grateful to OCBC Bank for the sponsorship of both Community Shops, totalling \$500,000. Other corporate sponsors include O3 International and Bukit Sembawang Estates Limited. Since its beginning, \$217,330 worth of food items were donated by the community through the 24/7 Food Drop.

What is it?

The Community Shop (善粮小铺) is a mini-mart for its beneficiaries and operates on a shop-for-free concept.

How does it work?

Food from the Heart's beneficiaries are empowered to choose 12 food items from the Shop each month and can visit on multiple occasions throughout the month. Food items include fresh local produce, staples, canned food, bread spreads, biscuits, oil and condiments, all of which will allow beneficiaries to eat better.

The food items are redeemed through the beneficiaries' cards via a QR code-scanning checkout system.



Giving Better



At the Community Shop, beneficiaries have dignity of choice as they are able to choose food items that they require.



The concept also results in less food waste as the beneficiaries are likely to finish all the items they chose themselves.



The Shop creates opportunities for the community to look out for one another. Its food drop, which allows donors to drop off food donations, keeps the kampung spirit alive within the neighbourhood.



Through the QR code-scanning checkout system, we digitally gather data on the consumption needs and patterns of our beneficiaries. Data-driven insights and understanding of dietary habits will also help us shape the future landscape in food distribution.

I OUR FUNDRAISING EVENTS

Passion Ball and Charity Golf tournament are two of our well-entrenched, signature fundraising events. Unforgettable, enjoyable and rewarding, both events have raised a combined total of more than one million dollars in cash and in-kind donations annually, for a worthy cause.



I PASSION BALL

Passion Ball, our yearly gala which serves up good company, ambrosial cuisine, and exquisite wine, is Food from the Heart's biggest charity event. Traditionally, the social event raises over half a million dollars every year towards our work to alleviate hunger in our community.

With much regret, Passion Ball was cancelled in 2020 and 2021 due to restrictions on social gatherings during the pandemic.

We're looking forward to its grand return next year, and for the gracious support by sponsors, donors and attendees.



I CHARITY GOLF

At our first in-person fundraising event since the pandemic, the mood was lively and charged with excitement. Our Charity Golf Tournament was held on November 12, 2021 at Singapore Island Country Club.

The event combines the love of golf and giving back to the community in a day of competition on the green. It raised a total of \$192,900. Players showed their enthusiastic welcome for the Charity Golf Tournament with swift uptake of flights, with 95% of the flights being booked out within the first week.

“Charity Golf is one of our only two annual major fundraisers. We’re really excited to host a great game for our supporters, and achieve more for our beneficiaries this year,” Eugene Yang, Board Member & Organising Chairman.

Sponsors and donors were also especially generous with their contributions. Goodie bag sponsors tripled from previous years while individual donors rolled in with substantial donations. Other corporates who have stepped forward include official media partner The Peak, official design partner JAB Design and official photographer Firefly Photography.





SPECIAL THANKS TO OUR SPONSORS:

Presenting Sponsor

Audemars Piguet

Eagle Sponsor

NTUC FairPrice Foundation

Tee Sponsor

Luther LLP

Special Thanks

Singapore Totalisator Board

Hole-In-One Sponsor

Borneo Motors (Singapore)
Pte Ltd

In-Kind Sponsors

Birds of Paradise
BBN International Pte Ltd
(Phyto and Lierac)
Ca Concepts Pte Ltd (Kulto)
Equilibrium
Hairy Crab SG
Images In Motion
Nanyang Sauce
New Moon
Oddle Eats
Our Second Nature
Pernod Ricard
SuperMama
Sure Clean
Temple Cellars
The Golden Duck Co.
WinGolf Pte Ltd
Yeo Hiap Seng

Lucky Draw Sponsors

Atlas Bar
Ca Concepts Pte Ltd (Kulto)
Fairmont Singapore
Goh Joo Hin Pte Ltd
Hairy Crab SG
Oddle Eats
Our Second Nature
The Fullerton Hotel Singapore
TungLok Group
TVS Motors

I CLEAN PLATE CAMPAIGN

Clean Plate Campaign, organised annually in conjunction with World Food Day on October 16, is to provide education about food waste reduction and inculcate mindful eating habits. With its roots in Primary Schools, it started out as a two-pronged approach that shared about the ills of food waste during school assembly talks and challenged students to finish their food during recess time. Training materials are also provided to teachers to facilitate deeper learning and understanding.

Since its founding, the Clean Plate Campaign has seen an exponential increase in participation. From five schools taking part in 2013 to 45 schools and 14 pre-schools in 2021. With the help of student volunteer ambassadors, we managed to count a total of 104,444 clean plates across our partnering schools last year.

Clean Plate Campaign was also extended to the public by an online pledge fundraiser. Individuals played their part when they pledged to reduce food waste and finish the food on their plates at each meal. Each



pledge raises \$5 for the needy. Thanks to wonderful supporters like you, we surpassed our target of 15,000 pledges to reduce food waste! The collective efforts from schools and public helped us raise \$125,000, sponsored by NTUC FairPrice Foundation and ICAP.

Despite this, 817,000 tonnes* of food waste was generated in Singapore in 2021. Reducing food waste sometimes takes foresight and a little planning. Clean Plate Campaign supporter Charlotte Mei shares useful tips on how to reduce food waste from her plate and kitchen!

Charlotte Mei

Nutritionist, Host and Presenter

When food is wasted, it's not just the food that goes to waste, but the resources that went into it such as time, energy, water, money, etc get wasted along with it too. There is a multiplier effect.

I plan in advance — if I know I will be eating out during the week, I cut down on grocery shopping. When eating out and I know I won't be eating much or when I know the serving sizes are bigger, I'd make a request to ask for a smaller portion of a certain component (e.g. half rice) so that it doesn't end up going to waste.

**According to National Environment Agency Singapore*



I DONATE RIGHT!

What was the last item you donated? Did the person who received it like it?

The act of donating is one of goodwill and with the intention to help others. However, not all the items Food from the Heart receives fit this description. Expired products and junk food are examples of such items.

While Food from the Heart appreciates all donations, some are more appropriate and/or easily utilised. Donate Right is

our awareness initiative that provides insight into the types of food that are donated, what goes on in a food charity behind the scenes, and the considerations that should be made before donating a food item. It helps those who mean well and want to give well to do so, and is especially suitable as a lead-up to food donation drives.



Before donating food items, consider:

Nutrition



Food with better nutrition makes it easier for the needy to maintain their health. Look out for the healthier choice logo and items higher in nutrients!

Convenience



A few 1kg packs of rice can be given to one family but one bag of 10kg rice is harder to distribute among a few families. Less is more when an old lady has to carry rice back home herself.

Food Safety



Check the packaging is intact and that the expiry date is three months or more.

Their Pride



Give something you will be happy to receive yourself to put a smile on their face!

I 2021 A YEAR IN REVIEW

JAN

Festive Treats Bring Joy



It is heartwarming to see donated festive treats at Community Shop @ Mountbatten. That's one way to spread joy to our beneficiaries. Data shows that they are in demand, redeemed in place of staple food like rice and noodles during festive period.

FEB

Champions of Good



Before the Lunar New Year is a busy time for many. ONE Championship channeled their boundless energy to packing Community Food Packs.

MAR

Community Shop @ Boon Lay



A busy month gearing up for the opening of Community Shop @ Boon Lay! We ran a two-day food drive at the start of the month to help raise food for the Shop. Our special thanks to the OCBC Bank volunteer team, who internally raised \$14,888 for us prior to the food drive, as well as provided extra hands to help on both days. We're also grateful to Boon Lay residents, businesses, grassroots organisations and Minister Desmond Lee who showed their support. Community Shop @ Boon Lay officially opened on March 24.



APR

Delivering Hope



Alongside the in-app donations for 'I CAN Award' which started this month, Deliveroo held a physical food drive at their super kitchen, Deliveroo Editions at Alice@Mediapolis. The public dropped off donations of food staples such as cooking oil, rice and canned foods at the Editions site.

MAY

Solidarity of Spirit



Amid rising COVID-19 cases and heightened measures in May, July and August, support from our sponsors and volunteers did not wane. Your generous donations and selflessness helped to remind our beneficiaries that they are not forgotten.

MAY

In-Kind Food Donations



Many F&B partners donated their own products to our food distributions. Special mention to ViPlus Singapore, for donating 150 tins of adult nutritional milk powder and Barilla's support of 1,000 packs of pasta and 1,000 bottles of pasta sauces.

JUN

Dumplings That Bring Warmth



Thye Moh Chan (under BreadTalk Group Limited) donated 3,280 traditional rice dumplings for the Dragon Boat Festival. Festive treats always make the senior beneficiaries extra happy!

JUL Levelling Up



No more pen-and-paper recording for our volunteers at the warehouse - we upgraded our inventory recording process to using barcode scanners. It saves time for volunteers and staff! This helps in quick and accurate accounting for our resources. We believe in being responsible for the donations we receive and how we use them.

AUG Soul Supportive



Soulrich Foundation sponsored 700 National Day Care Packs, which were distributed at our Community Shops. The care packs included daily necessities such as soap and toothpaste to help our beneficiaries upkeep their health and hygiene needs.

SEP Spice of Life



New Moon donated another 3,000 boxes of flavouring pastes to spice up our beneficiaries' palates. This is in addition to 2,400 boxes donated earlier in the year. They were distributed through Community Food Packs and Community Shops.

SEP Extra Helping Hands



More hands on deck were needed to further scale up our operations and cope with the increase in beneficiaries over the period of the pandemic. We started evening volunteer sessions on top of our four daily sessions on weekdays. Volunteers enjoy the positive vibes and camaraderie – a win-win situation that guides us towards a more caring and tighter-knit society.

NOV Yes, I CAN



90 students from 30 schools received the I CAN Award. Due to COVID-19, we were unable to hold an official prize presentation ceremony. Instead, the students were presented with a trophy and cash voucher by their school.

DEC Prized Croissants



On December 7, Nguyen Le Duy Bao Ngoc, who won Tiong Bahru Bakery's Golden Croissant contest, donated her prize of 365 plain croissants, worth S\$1,277.50, to us. These delightful pastries were gifted on the same day to the residents of Man Fut Tong Welfare society.

DEC Fresh from Farms to Families



We officially partner The Local Farm by Gardenasia to launch our new fresh local produce initiative, Farms to Families! The year-long pilot, starting January 2022, supports local farms and alleviate hunger by providing the needy access to fresh produce in a sustainable manner for both



beneficiaries and farmers. Our Community Shop beneficiaries, and Community Food Pack partners at Chong Pang and Kebun Bahru, can have access to a selection of seven items, including three types of green leafy vegetables, mushrooms, quail eggs and eggs.

OUR DONORS AND SPONSORS

With the help of our donors, sponsors, and partners, we are able to provide reliable, consistent, and sustainable food support to those who need it, for as long as they need it. We are immensely grateful for their contributions that make our work possible.

Official Community Food Pack Partner (2017 – 2021)

Images in Motion

Official School Goodie Bag Partner (2020/2021)

United Overseas Bank Limited

Community Shop @ Mountbatten Partner

Oversea-Chinese Banking Corporation Limited

Logistics & Transport Partner

Goldbell Foundation

Market Place Partner

NTUC FairPrice Co-operative Limited

Cash Donors – Organisations

\$100,000 and above

- NTUC Fairprice Foundation Ltd
- Singapore Totalisator Board
- Oversea-Chinese Banking Corporation Limited
- Tides Foundation
- SIA Engineering Company Limited
- United Overseas Bank Limited

\$25,000 - \$99,999

- AJ Capital Asset Management Pte Ltd
- Chew How Teck Foundation
- ICAP (Singapore) Pte Ltd
- Audemars Piguet (Singapore) Pte Ltd
- Chong Lee Leong Seng Company Limited
- Morgan Stanley Foundation Inc
- Bayer (South East Asia) Pte Ltd
- Give2Asia
- Symrise Asia Pacific Pte Ltd
- Bella Facial Care Center (S) Pte Ltd

\$10,000 - \$24,999

- Accenture Pte Ltd
- Adm Asia-Pacific Trading Pte Ltd
- Allied World Assurance Company Ltd
- Amazon Asia-Pacific Holdings Private Limited
- Applied Materials South East Asia Pte Ltd
- Azimuth Labs Pte Ltd
- Beneo Asia Pacific Pte. Ltd
- Bloomberg Singapore Pte Ltd
- Boehringer Ingelheim Singapore Pte Ltd
- Cargill Tsf Asia Pte Ltd
- DFS Venture Singapore (Pte) Limited
- Deliveroo Singapore Pte Ltd
- Distinguished Universities Alumni League
- Edwards Lifesciences (Singapore) Pte Ltd
- First Sentier Investors
- Goldman Sachs (Singapore) Pte Ltd
- Health And Happiness (H&H) Singapore Pte. Limited
- JKHoo Consultancy Pte Ltd
- Keaworld Pte Ltd
- Lee Kim Tah Foundation
- Lew Foundation
- LHN Group Pte Ltd
- Loomis Sayles Investments Asia Pte Ltd
- Lymon Pte Ltd
- McCormick Ingredients Southeast Asia Private Limited
- Mellford Pte Ltd
- PAP Community Foundation
- Rio Tinto Singapore Holdings Pte Ltd
- Silicon Valley Community Foundation
- Soulrich Foundation Ltd
- South East Community Development Council
- The Singapore Island Country Club
- Varde Partners Asia Pte Ltd
- Zendesk Neighbor Foundation

Cash Donors – Individual

\$25,000 and above

- Amarjit Singh
- Karthikeyan Somasundaram
- Tay Soo Hoe, Steve

\$10,000 - \$24,999

- Boon Hui Stella Oh
- Ho Peng Ann
- Khoo Ching Wei Wayne
- Kuah Su-Lynn Sharon
- Ng Tan Foong
- Robert Michael Kilgour Booker
- Serene Lee
- Srikantiah Muralidhar
- Steven Yap
- Tan Kim Biau
- Wong Chyi Elaine

\$5,000 - \$9,999

- Alok Kumar
- Alvin Cher
- Chua Khue Su Jason
- Chua Tze Ching
- H C Chua
- Kamdar Prakash Vinodrai
- Khoo Song Koon
- Koon Chai Kin
- Lam Kun Kin
- Lam Yew Chong
- Lim Boon Keong
- Leong Yuet Ngoh
- Loke Kye Siew Kelvin
- Manraj Singh Sekhon
- Mary Gerardine D/O Sebastian
- Michael Koh
- Nana B Chutney At Christmas By Angel Salti And Family
- Rashmi Dubier
- Ryan Lim
- Sanjay Gupta
- Tan Ee Hon
- Tay Lee Kheng
- Vijay Baxani
- Yong Hwee Kian Auw
- Yong Searn Ooi

\$2,000 - \$4,999

- Andre Tanoto
- Andy Lim
- Ang Cher Siang Peter
- Ang Hong Guan
- Ang Lam Soon
- Ang Siong Choon
- Antoine Foetisch
- Asha D/O Popatlal
- Astrie Sunindar Ratner
- Bong Mui Si
- Charlina Kung
- Cheng Chin Shen (Zeng Jinxian)
- Cheng Kheng Tho
- Chew Ghim Bok
- Chionh Chye Wei
- Christopher Anand s/o Daniel
- Chua Lee Ming
- David Loon Choh Tuck
- Ellsa Hao
- Friedrich Bunnemann
- Gail Lien
- Gautam Banerjee
- Gladys Low
- Hardjanto Siswandjo
- Heng Gek Hwah
- Huang Hoon Chng
- Kevin Law
- Koh Liang Wee
- Koh Soo Hap
- Kor Swee Yong, Harris
- Lau Soo Noi
- Lee Geok Ean
- Lee Ho Fan Jason
- Lee Kheng Chei
- Lee Se Heon
- Lee Sung
- Lee Wonbae
- Leonardo Drago
- Lim Chee Beng
- Lim Han Feng
- Lim Hui Ling Patricia
- Lim Jew Tim
- Lim See Wah
- Lim Soo Khim
- Lim Tsui Ning
- Lim Zhuo Jun Jennifer
- Loh Chee Wai Desmond
- Loh Su Ming, Yvonne
- Low Hwee Chua
- Lynnette Leng
- Matthew
- Mohan K Vaswani
- Mok Kan Hwei Paul
- Muhammad Rumi Bin Mohd
- Ng Hwee Sim
- Ng Mooi Lia
- Ng Peck Hoon
- Ong Xin Yi Jayden
- Ong Ying Ren
- Onnah Liew
- Paul Tan
- Prashant Bajaj
- Puja Narang
- Raajeev Bhayana
- Ratna Djojokusumo Santosa
- Sara Watson
- Sharon Yieh
- Sim Lay Yong
- Sirajuddeen Mohammed
- Siu Yow Wee
- Sng Khai Chinn
- Sudarshan Venu
- Tan Ah Leong
- Tan Cheng Thye
- Tan Peng-Wei
- Tan Zhi An
- Tara Thadani
- Teo Seow Phong
- Thean Pik Yuen Valerie
- Thiery Jacques Youne How Wong Po Foo
- Tio Pek Yong
- Vinod Savio
- Wee Zhi Zhong Wilfred
- Wong Tiong Pern
- Wong Ying Lei
- Woo Xue Jun Maurice
- Yeo Poh Noi
- Zhang Huanbin

Donations In-kind**Bread Run Partners**

- 1 More Bread
- Anas Bakery
- Ang Mo Kio Hong Kong Pastries
- Artisan Boulangerie Co.
- Bake Inc
- Bakes & Bites
- Belly Good Bakehouse
- Bengawan Solo Pte Ltd
- Berry Box Bakery
- Bethel Confectionery
- BreadFresh
- BreadTalk Pte Ltd
- Bun Times
- Common Man Coffee Roasters
- Commonwealth Concepts
- Country Brot by Four Leaves
- Dohca Bakery
- EpiD'or by Four Leaves
- Four Leaves Pte Ltd
- Four Seasons Hotel
- Grand Hyatt Singapore
- Han's (F&B) Pte Ltd
- Hong Kao Liao Li
- ibis Singapore on Bencoolen
- Joybean by Jollibean Foods Pte Ltd
- Jollibean Foods Pte Ltd
- Maison Kayser (S) Pte Ltd
- Mandarin Oriental Singapore
- Marina Bay Sands Pte Ltd
- Micro Bakery
- Nick Vina Artisan Bakery
- Odette Restaurant
- Omzyn Cakes
- Prima Food Pte Ltd
- PrimaDéli Division
- Proofer Bakery Pte Ltd
- Redmart Ltd
- Regent Singapore
- Ren Bakery
- Resorts World Sentosa
- Royale Restaurant by Mercure Singapore Bugis
- Sembawang Confectionery
- Shangri-La Hotel
- ShineFood Pte Ltd
- SLATE Restaurant
- Starbucks Coffee Singapore Pte Ltd
- Starter Lab
- Sunshine Bakeries
- Swisshotel The Stamford
- The Fullerton Hotel
- The Ritz-Carlton, Millenia Singapore
- The Sandwich Shop
- The St. Regis
- Tiong Bahru Bakery
- ToTT Store
- Vbread
- Wheat Bakery
- Yamazaki by Four Leaves
- Yi Jia Bakery Café

Organisations

- ABLE Industrial Engineering
- Ace Hub LLP
- Ace Oil Pte Ltd
- Advanced Remanufacturing & Technology Centre
- Amitabha Buddhist Centre
- AMS Sensors Singapore Pte Ltd
- Avatar Pack Pte Ltd
- Aventiz Pte Ltd
- AXA XL
- Bank of Singapore
- Barilla Singapore Pte Ltd
- Bayer (South East Asia) Pte Ltd
- Bloomberg Tradebook
- BMW G30 Club Singapore
- BMW Group
- BNP Paribas
- Braddell Height Community Club
- Cargo Community Network
- Cargo Community Network Pte Ltd
- Celestica Electronics (S) Pte Ltd
- Checkout.com
- Chevalier Singapore Holding Pte Ltd
- Chin Fook Meow (Temple)
- Chong Pang CC
- City Harvest Church
- Clouet Trading Pte Ltd
- Coca-Cola Singapore Beverages
- CrimsonLogic Pte Ltd
- Culina Pte Ltd
- Dawn Tay & Partners
- DCH Auriga (Singapore) Pte Ltd
- Disco Hi-Tec (Singapore) Pte Ltd
- Dynasafe Technologies Pte Ltd
- Edrington Singapore Pte Ltd
- Eluva International Pte Ltd
- Emerson Automation Solutions
- Family Court
- Ferragold Singapore Pte. Ltd.
- Five Foot Way @ Pier Pte Ltd
- Bresco Pte Ltd
- Fullshare Group Pte. Ltd.
- General Electric
- GIC Private Limited
- GIC Pte Ltd
- GKE Service Pte Ltd
- Goh Joo Hin Pte Ltd
- Great Eastern Financial Advisers Pte Ltd
- Guan Yin Temple
- H&H SWISS PHARMA
- Heart of God
- Heng Kee Trading Pte Ltd
- Heraeus Medical Components
- Hong San See Temple
- Hyphens Pharma International Ltd
- JACOBS DOUWE EGBERTS RTL SCC SG PTE. LTD.
- Justice of the Peace
- Kai Ying Huat Eggs Pte Ltd
- Key World
- Khatib Kia Group
- Kindness Mart Pte Ltd
- Kiwanis International
- Kizy Pte Ltd
- Krister Enterprise
- Li Xin Food Court and Management
- Lifeline Corporation Pte Ltd
- Lim Siang Huat Pte Ltd
- Loomis Sayles
- MacDonalds
- Majestic Fast Ferry
- Media Space
- Ministry of Drone / Northern Riders
- Naturally Plus Singapore
- New Moon (Goh Joo Hin Pte Ltd)
- NEWBY S.E. Asia Pte Ltd
- Nikko Asset Management Asia Limited
- Northern Trust
- NTUC Fairprice Co-operative Ltd
- OCBC Bank
- Ocean Network Express (Singapore) Pte Ltd
- Oiltanking Singapore Limited
- Partners Group (Singapore) Pte Ltd
- Perkin Elmer
- Pictet & Cie (Asia) Ltd
- Pratt & Whitney (SEA)
- PRO-MATRIX PTE LTD
- Qoo10 Online Singapore
- Raffles Parent Association
- Ralph Lauren Singapore Pte Ltd
- RGS Enterprise (S) Pte Ltd
- Rockhill Investment Holdings Pte Ltd
- SAF C4 Command
- Sam Seng Pte Ltd
- Sian Chay Medical Institution
- Singapore Red Cross
- Standard Chartered Bank
- Sunshine Foundation
- Supreme Court of Singapore
- SWI Unit
- Syneos Health
- T1 Glass Systems Pte Ltd
- Takeda Pharmaceuticals Singapore
- The Kindness Ripple
- Thiam Hock Keng Temple
- Thye Moh Chan
- Toyogo Building
- Toyogo Group
- U-Group Holdings Pte Ltd
- Unilever Singapore Pte Ltd
- United Woman Singapore
- UPS Asia Pacific Region Office
- Wee Guan Construction
- Willing Hearts
- Winstar Marketing Pte Ltd

Schools and Institutions

- Ai Tong School
- Anderson Primary School
- Anderson Secondary School
- Anderson Serangoon Junior College
- Anglo Chinese School (Independent)
- Ang Mo Kio Secondary School
- Anglican High School
- Angsana Primary School
- Bartley Secondary School
- Beacon Primary School
- Beatty Secondary School
- Broadrick Secondary School
- CHIJ St Joseph
- CHIJ St Nicholas School
- Chong Fu School
- Chong Zheng Primary School
- Christ Church Secondary School
- Canadian International School (Singapore)
- Carpe Diem Schoolhouse
- Catholic High School (Primary)
- CHIJ Katong Convent
- ChildFirst @ King Albert Park
- DPS International School
- E-Bridge Pre-School
- East Spring Primary School
- East Spring Secondary School
- Elias Park Primary School
- Eunoia Junior College
- Fairfield Methodist School (Secondary)
- Fernvale Primary School
- Fajar Secondary School
- Global Indian International School
- Greenridge Primary School
- Grace House @ Tanglin
- Hai Sing Catholic School
- Henry Park Primary School
- Hougang Secondary School
- Hua Yi Secondary School
- Holy Innocents' Primary School
- Hwa Chong Institution
- ITE College Central
- KidsCampus @ Whampoa
- Kong Hwa School Total
- Little Footprints Preschool
- Little Talent Childcare Centre
- MapleBear Early Years
- Marymount Convent School
- Meridian Secondary School
- Methodist Girl's School
- Michel Hostel
- Montfort Secondary School
- My First Skool
- Nan Chiau High School
- Nanyang Academy of Fine Arts
- Nanyang Junior College
- National Institute of Education
- Naval Base Primary School
- Nexus International School (Singapore)
- Ngee Ann Polytechnic
- North London Collegiate School (Singapore)
- North Vista Primary School
- Northbrooks Secondary School
- NUS Temasek Hall
- Oasis Primary School
- Overseas Family School
- Pei Hwa Secondary School
- Palm View Primary School
- PCF Sparkletots
- Punggol View Primary School
- Qifa Primary School
- Red Swastika School
- Radin Mas Primary School
- Raffles Girls Primary School
- Raffles Institution
- River Valley High School
- School Of The Arts
- Sengkang Green Primary School
- Sengkang Primary School
- Shuqun Primary School
- Singapore American School
- Singapore Chinese Girls' School
- Singapore Hokkien Huay Kwan Preschool
- Singapore Polytechnic
- Smart Berriis Preschool West Coast
- Singapore University of Social Sciences
- Stamford Primary School
- St. Andrew's Secondary School
- St. Anthony Primary School
- Star Learners @ Sembawang Place
- St. Stephen's School
- St. Joseph's Institution
- Superland Preschool @ Singpost Centre
- Tampines Secondary School
- Tanglin Trust School
- Temasek Polytechnic
- The Little Skool-House
- Unity Primary School
- Victoria Junior College
- Westspring Secondary School
- Westwood Secondary School
- Woodgrove Primary School
- Xinmin Primary School
- Xishan Primary School
- Yangzheng Primary School
- Yumin Primary School
- Yu Neng Primary School
- Yumin Primary School
- Zhandge Primary School
- Zhenghua Primary School
- Zhonghua Secondary School

AUDITED FINANCIAL INFORMATION 2021

Income & Expenditure Statement

For the year ended 31 December 2021

	2021 (\$\$)	2020 (\$\$)
Income		
Outright Donations	3,480,021	5,133,521
Fundraising Events	242,309	118,502
Charitable Events	187,415	217,725
Food Purchase Account	2,231,201	3,195,241
Grant	606,333	671,094
Other Income	48,943	218,807
TOTAL INCOME	6,796,222	9,554,890
Expenditure		
Outright Donations	489,612	624,658
Fundraising Events	44,426	6,063
Charitable Events	101,766	344,896
Food Purchase Account	1,952,349	2,084,295
General & Administrative	2,333,358	2,229,220
TOTAL EXPENDITURE	4,921,511	5,289,132
Net Operating Surplus / (Deficit)	1,874,711	4,265,758
Non-Operating Income		
Utilisation of Funds	113,362	146,943
Amortisation of Deferred Funds	89,844	117,511
TOTAL NON-OPERATING INCOME	203,206	264,454
Surplus of Income over Expenditure	2,077,917	4,530,212
Staff with remuneration above \$100,000		
\$100,000 – \$200,000*	2	2
\$200,000 – \$300,000*	1	1

*includes basic salary, annual wage supplement, allowances, and employer's contributions to Central Provident Funds.

Food from the Heart is governed by the Board of Directors which is the final authority and has overall responsibility for policy making and governance. Board members are volunteers and receive no monetary remuneration for their contribution.

Food from the Heart has in place a Conflict of Interest and Confidentiality Policy Statement. Members of the Board of Directors and employees must declare if they have a conflict of interest regarding any business before the Board.

Food from the Heart is committed to the highest standards of openness, probity and accountability. The organisation has adopted a Whistleblowing policy to enable employees of the Company to raise concerns internally and at a high level and to disclose information which individual believes show malpractice or impropriety.

Balance Sheet

For the year ended 31 December 2021

	Note	2021 (\$\$)	2020 (\$\$)
Assets			
Non-Current Assets			
Plant and Equipment		949,977	915,932
Deposits		54,635	54,635
Total Non-Current Assets		1,004,612	970,567
Current Assets			
Other Receivables		349,653	266,463
Deposits		35,689	26,305
Prepayments		3,960	42,523
Inventory	1	109,691	2,450
Cash & Bank Balances			
- Operating		7,469,163	4,839,584
- Reserves	2	2,085,000	2,076,406
- Designated	3	3,462,683	4,754,407
Total Cash & Bank Balances		13,016,846	11,670,397
Current Assets		13,515,839	12,008,138
TOTAL ASSETS		14,520,451	12,978,705
<hr/>			
Funds			
Accumulated Funds		9,711,572	5,181,360
Designated Funds - Care & Share Matching Grant	4	(25,600)	198,356
Deferred Funds - Care & Share Matching Grant	5	257,460	236,710
Current Year Earnings		2,077,917	4,530,212
Total Funds		12,021,349	10,146,638
Non-Current Liabilities			
Lease Liabilities		314,134	436,394
Provision for reinstatement costs		118,000	0
Total non-current liabilities		432,134	436,394
Current Liabilities			
Other Payables and Accruals		481,649	507,785
Lease Liabilities		122,260	153,221
Deferred Income	6	1,463,059	1,680,820
Deferred Grant Income			53,847
Total Current Liabilities		2,066,968	2,395,673
TOTAL LIABILITIES		2,499,102	2,832,067
TOTAL FUNDS AND LIABILITIES		14,520,451	12,978,705

Notes to The Financial Statements

Note 1: Amount comprises foods and cash vouchers as at year end.

Note 2: Reserve Policy

Food from the Heart's objective in managing fund is to maintain a level of reserve that enables the company to continue operating within at least twelve months period of time.

This reserve is used to fund for working capital, any unexpected expenditures or events, and shortfalls in income. The Board of Directors reviews the company's reserve policy level on regular basis.

Note 3: Consists of funds designated for use in food purchase.

Note 4: Designated Fund

The Designated fund is the fund received under Care and Share Matching Grant. The fund is designated for specific type of usage and will go towards building the capabilities and capacities of the social service sector and supporting social services to meet rising needs.

NCSS has extended the fund utilisation period to 31 March 2022, and any remaining funds at the end of the extended date will be returned to NCSS.

The matching grant can be used in the following areas:

- a. Capability building
- b. Capacity building
- c. New initiatives or expansion of existing services
- d. Critical existing needs (up to 20% of grant disbursed)

Note 5: Deferred Fund

Care and Share Matching Grant received for approved supported usage is accounted for in respective fund accounts. Amount utilised for the purchase of plant and equipment is transferred to deferred fund account and amortised over the useful lives of the related assets to match the depreciation of the assets through amortisation of deferred fund. Amount utilized for other approved supported usage is transferred to deferred fund account and recognised as income through utilisation of fund.

Note 6: Deferred Income

Deferred income comprises of voluntary donation income designated for purchasing of food, programmes and events usage in the future.

The full set of audited financial statements is available at www.foodfromtheheart.sg

HOW CAN YOU HELP? |

Join us in our purpose of sharing hope and nourishing lives.
Here are some ways you can get involved to fight hunger in Singapore:

Donate

Your cash donation goes a long way for us – from purchasing food to our operating expenses. As an independent charity organisation, we do not receive regular government funding. Help support us in fulfilling our purpose! Cash donations are eligible for a 250% tax reduction.

Visit www.foodfromtheheart.sg/donate or scan the QR code below to donate.



Volunteer




Food from the Heart partners with socially-conscious and compassionate individuals, corporations or institutions to maximise the positive impact of their contributions to our objective. What are you waiting for? Join us in championing our cause!

Visit www.foodfromtheheart.sg/opportunities-to-help or scan the QR code below for a virtual tour.



Share

Follow us on social media and share our stories with your friends and loved ones.

-  [foodheart](#)
-  [foodfromtheheartsg](#)
-  [Food from the Heart](#)

A FEW WORDS

FROM OUR NEW CEO

Robin C. Lee

CEO

Food from the Heart



“

I am truly honoured to have this opportunity to lead Food from the Heart; a leading charity devoted to alleviating hunger through efficient distribution of food. To fulfill our mission of providing a reliable, consistent and sustainable source of food support for our beneficiaries, we must stay grounded. To share more hope and nourish more lives, we will focus on enhancing our core programmes.

We are truly grateful for the guidance and support from our Board of Directors, donors, sponsors, partners, volunteers and friends along the way. It has helped us ride the storm of the pandemic. Together with my dedicated team, I look forward to working closely with all of you to give better to all who need. Thank you!

”

MEET THE TEAM |

Our committed team of passionate individuals ensures the smooth running of the day-to-day operations, while working hand-in-hand with our thousands of volunteers to make sure every beneficiary of Food from the Heart receives their food items in a timely manner.



Back row (from left to right):

Mohmad Othman, Ben Yeo, Bryan Tan, Sean Wee, Justin Lim, Toh Bock Heng

Third row (from left to right):

Lee Xiao Hui, Jessica Yeo, Kelvin Lee, Stafford Goh, Paul Tan, Jaslin Koh

Second row (from left to right):

Gwen Chng, Shahira Maya Sahar, Mythili Mahendran, Katherine Chin, Chun Meiqi

Seated row (from left to right):

Mohamad Zuraimi Muchi, Timothy Lai, Robin C. Lee (CEO), Rosemary Tan, Carryn Koh



Food from the Heart

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www.foodfromtheheart.sg



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[foodfromtheheart](https://www.linkedin.com/company/foodfromtheheart)

Registration No: 200721064R | IPC: 000634