



FOOD FROM THE HEART

ANNUAL REPORT 2023



20
YEARS OF
COMMUNITY
SERVICE

FOOD FROM THE HEART

is a charity with IPC status that feeds the less-fortunate through its food distribution programmes. It was established in February 2003 after then Singapore-based Austrian couple Henry and Christine Laimer read a report in The Sunday Times about bakeries discarding their unsold bread. Stirred, they then decided to collect and redistribute unsold bread from bakeries to those in need. Today, Food from the Heart is Singapore's foremost independent food charity devoted to alleviating hunger through efficient distribution of food in a sustainable manner; and making a significant impact in food waste reduction.

CORPORATE INFORMATION

Food from the Heart (FFTH) was registered as a company limited by guarantee on 13 November 2007.

FFTH was registered as a charity under the Charities Act (Chapter 37) since 1 August 2008.

FFTH has been accorded IPC (Institute of a Public Character) status from 1 February 2024 to 31 August 2026.

IPC Registration No: IPC 000634
IPC Registration Date: 1 August 2008

FFTH has Rules and Regulations as its governing instrument.

Unique Registration Number (UEN)
200721064R

Registered Address
4 Battery Road #25-01 Bank of China Building
Singapore 049908

Office Address
130 Joo Seng Road #03-01 Singapore 368357

Auditors
RSM SG Assurance LLP

Bankers
DBS Bank Ltd
United Overseas Bank

Lawyers
Luther LLP



Member of



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MEET THE TEAM

OUR VISION

To be the leading charity in Singapore devoted to alleviating hunger through efficient distribution of food.

OUR MISSION

To alleviate hunger by providing reliable, consistent and sustainable food support to the less-fortunate through food distribution programmes.

OUR VALUES

As we work towards our mission, we embrace the value of professionalism, efficiency, transparency and self-sustainability.

OUR SHARED PURPOSE



**SHARING HOPE.
NOURISHING LIVES.**

MESSAGE FROM OUR CHAIRMAN



2023 marked a milestone for Food from the Heart as we celebrated 20 years of helping the needy in Singapore. For two decades, we have consistently supported the less-fortunate through our food distribution programmes.

Our work started in 2003, with our Founders Henry and Christine Laimers' dream of a food redistribution network and the compassionate hearts of a group of volunteers. Our Founders started the charity by rallying members of the public to help to redistribute unsold bread from bakeries to welfare homes, thus establishing the Bread Run programme.

20 years later, this continues to be the vision and passion of the Board of Directors, Leadership and all staff as we renew our commitment to share hope and nourish lives of those in need. Incredibly, more than 60 volunteers who started out as Bread Runners during our founding years are still actively contributing time and energy to support our mission! In the year under review, Food from the Heart met the needs of almost 60,000 individuals including children, lower income families, elderly, and people with special needs.

In the same vein as the long-term continuity of our work, we refreshed our look and feel to more accurately represent who we are today and our aspirations for the next 20 years. Our new visual expression is bold, impactful and vibrant, while staying true and rooted to our mission.

Our 20th anniversary was commemorated in year-long events aimed at strengthening relationships with community partners, corporate supporters, donors and volunteers. We brought back all our signature events for fundraising and community building, including a very special edition of our annual charity gala *A Symphony of Passion*, a first-of-its-kind joint benefit with our award-winning national orchestra. We introduced our new logo by baking almost 2,000 buns, and paid tribute to long-service volunteers and bakery partners, a tribute to our humble beginnings and spirit of community.

To wrap up an incredible year, we are also proud to renew our Institute of Public Character (IPC) status starting February 2024. Our IPC status enhances Food from the Heart's credibility, visibility, and fundraising efforts. It signals to the public that we have been rigorously assessed and deemed to be operating in the community's best interests.

With your support and trust, we will achieve greater impact through our work. This year, we will focus on increasing the number of beneficiaries, improving the nutritional value of the food we distribute, and expanding the Community Shop network to provide more choice for our beneficiaries.

Ronald P. Stride
Chairman
Food from the Heart

OUR BOARD

Food from the Heart is steered by its board members, each of whom are recognised individuals in their respective fields and professions. Their combined experience and network has led the sustainable growth of the charity since it was founded in 2003.



MR RONALD P. STRIDE
Chairman (7/8*)

Appointed since August 2009

Retired Senior Managing Partner and banking specialist at management consultancy Booz Allen & Hamilton



DR KNUT UNGER
Secretary (7/8*)

Appointed since November 2007

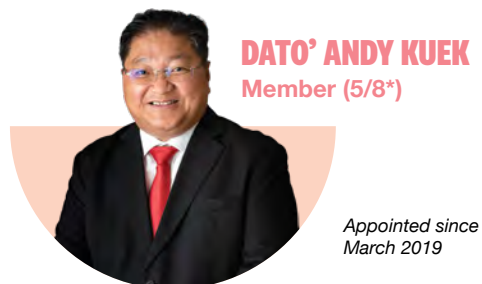
A Partner of Luther LLP Singapore, specializing in cross-border tax organization and international transaction documentation for European investments in Southeast Asia



MR MAHESH BUXANI
Treasurer (8/8*)

Appointed since June 2018

A leader in international export trade and former Chairman of the Indian Chamber of Commerce in Hong Kong



DATO' ANDY KUEK
Member (5/8*)

Appointed since March 2019

Founder, Chairman and CEO of Grand Columbia Group of companies with presence across Asia Pacific Countries in Finance and Banking, Insurance, Property investment and Development

Directors who have served the board for more than 10 years:

1. Mr Ronald P. Stride has been re-elected for his vital leadership role in continuing to grow, govern and guide the Charity.
2. Dr Knut Unger has been re-elected for his contribution as a founding member, providing valuable legal advice and secretariat services.

OUR BOARD



MS CHIN BOTTINELLI
Member (7/8*)

Appointed since May 2013

A creative industry veteran and entrepreneur, Chin is currently a Director of Imagine Capital, a private wealth management and investment firm



MR EUGENE YANG
Member (6/8*)

Appointed since December 2014

Managing Director & Market Head, Ultra High Net Worth (UHNW) Group, at EFG Bank in Singapore



MR KENNETH CHAN
Member (2/8*)

*Appointed since October 2023.
Resigned in February 2024.*

Kenneth Chan is a seasoned CEO and Organization Leader with close to 35 years of hands-on experience in Fortune 500 consumer and retail multinational companies such as McDonald's, PepsiCo, Procter & Gamble and Singapore Airlines



MS LINDA SOO-TAN
Member (6/8*)

Appointed since December 2014

An active philanthropist for over a decade, honoured as an exemplary leader for her dedication in community service



MS OOI HUEY TYNG
Member (7/8*)

Appointed since February 2023

Accomplished finance and banking professional, independent directors of multiple boards including AIG Asia Pacific, Maxis Berhad, and Governing Council of Singapore Institute of Directors. Former MD and Head of GrabPay, SEA



MR STEVEN LUK
Member (4/8*)

Appointed since June 2023

Fellow Chartered Accountant, Accredited Tax Advisors (Income Tax and GST matters), founder of Coleads Business Consultants Pte Ltd and also an independent director for numerous companies, including the Singapore subsidiaries of listed and multinational corporations

* Number of Board Meetings Attended/ Held in 2023.

** Information correct as at 31 March 2024.

OUR BOARD



MR CHRISTOPHER MARTIN
Advisor (4/8*)

Appointed since January 2015

Senior Executive in Mergers and Acquisitions as well as Fundraising for the energy sector in Asia

COMMITTEES

1. Finance

- CHAIR** Mr Mahesh Buxani
MEMBERS Mr Ronald P. Stride
Mr Steven Luk

2. Audit

- CHAIR** Ms Ooi Huey Tyng
MEMBERS Dr Knut Unger
Dato’ Andy Kuek
Mr Christopher Martin

3. Human Resources

- CHAIR** Mr Steven Luk
MEMBERS Mr Ronald P. Stride
Dato’ Andy Kuek
Ms Linda Soo-Tan
Ms Ooi Huey Tyng

4. Fundraising

- CHAIR** Ms Chin Bottinelli
MEMBERS Dr Knut Unger
Mr Eugene Yang
Ms Linda Soo-Tan

* Number of Board Meetings Attended/ Held in 2023.
** Information correct as at 31 March 2024.



Volunteers from event sponsor JERA Global Markets, collecting bread for redistribution to welfare homes.

20TH ANNIVERSARY CELEBRATIONS

20TH ANNIVERSARY CELEBRATIONS



Above: The many hands that contribute to two decades of Food from the Heart.



Founding years Bread Run volunteers joined us on this special occasion.

BIGGEST LOGO MADE OF BREAD

To commemorate our 20th anniversary, we unveiled our new logo on Sunday, October 15, 2023, at i12 Katong. The date was specially selected to coincide with World Bread Day (which falls on 16 October every year), since Food from the Heart started with Bread Run in 2003.

On this special occasion, we paid tribute to founding years Bread Run volunteers and long-service bakery partners in appreciation for their unwavering dedication and generosity.

To make the event even more memorable, we also clinched a new title in the Singapore Book of Records!



At the Shopping Basket Challenge, a mock up of our Community Shop allowed the public to learn how this initiative works.

A YEAR IN REVIEW 2023

A YEAR IN REVIEW 2023

7
JAN



Chinese New Year food donation drive at Community Shop @ Punggol

3
JUL



Singapore Red Cross' youth led Project R.I.C.E.+ donated 55 pallets of food to our charity

7
JUL



LHN Group's Golf Day 2023 raised \$76,000 through generous contributions from their sponsors which was matched by organiser LHN Group Pte Ltd

22
MAR



Beautiful hand drawn notes of of gratitude and food donations from Invictus International Preschool Singapore

10
APR



Residents of Clementi Park condominium organised a food drive and delivered food raised to Community Shop @ Boon Lay

19
AUG



Supercar club ExoticCars supported our National Day #GiveAsOneSG food donation drive at Community Shop @ Boon Lay where we raised over 19,500 food items!

13
SEP



Rotary Club Garden City Singapore raised 4,000 food items for our charity

25
SEP



Sharing halal mooncakes from Prima Deli with the staff and residents of Blue Cross Thong Kheng Home

15
OCT



Together with Chef Judy Koh from Creative Culinaire, who rallied bakeries and ingredient sponsors, Sunshine Bakeries, event sponsor JERA Global Markets and venue sponsor i12 Katong, we set a new 'Largest Logo Made of Bread' in the Singapore Book of Records!

19
OCT



Employees of Bloomberg in Singapore built avocado, broccoli and pineapple with the food items raised to highlight the importance of equitable access to fresh produce for all

2
DEC



Inchcape Singapore's staff, families and media friends delivered School Goodie Bag to 135 underprivileged students during the school holidays

WHAT YOU HAVE HELPED US ACHIEVE

2023

\$7,420,000

Worth of food distributed



**FFTH
COMMUNITY
FOOD PACK**

\$4,011,100



**FFTH
SCHOOL
GOODIE BAG**

\$1,006,560



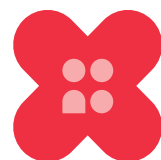
**FFTH
BREAD RUN**

\$2,069,694



**FFTH
PROJECT
BELANJA!**

\$123,755



**FFTH
MARKET
PLACE**

\$208,891

WHAT YOU HAVE HELPED US ACHIEVE



59,030

Beneficiaries supported



136,917

Food packs distributed



33,937

Hot meals provided



335

Food distribution points



27,973

Volunteer activity sign-ups



457

Food donation drives organised

YEAR ON YEAR SNAPSHOT

YEAR ON YEAR SNAPSHOT

\$7,418,884

2023

\$7,238,680

2022

**VALUE OF FOOD
DISTRIBUTED**



\$2,069,694

2023

\$2,041,818

2022

**BREAD
DISTRIBUTED**



27,973

2023

24,613

2022

**FOOD PACKING
VOLUNTEERS**



457

2023

428

2022

**FOOD DRIVES
ORGANISED**



**FOOD PACKS
DISTRIBUTED**



2022

131,550

2023

136,917

**FOOD
DISTRIBUTION POINTS**



2022

319

2023

335

FUNDS RAISED



2022

\$7,023,454

2023

\$11,408,996

**DESIGNATED AND
NON-DESIGNATED
FUNDS**

14%

11%

75%

Total
Designated Funds

\$2,121,626

Reserves

\$2,660,158

Operating Funds

\$14,002,231

OUR PROGRAMMES COMMUNITY FOOD PACK



“**RICE, COOKING OIL,
SARDINES, MAGGI...
I AM GRATEFUL TO
RECEIVE THEM
EVERY MONTH.**”



Mdm Valiant Bte Jadea, 69

Beneficiary of Community Food Pack at
Kolam Ayer Self-Collection Centre

A dialysis patient who lives with her
husband, a part-time cleaner who
supports both of them

“Canberra division is so grateful for the monthly Community Food Pack distribution. It has given the grassroots organisation and the volunteers a great boost of confidence in our mission to care for the community, especially to the households that find it challenging to put food on their table. Together, we care. Thank you FFTH!”

Mr Yio Yang Huat

Grassroots Leader of Canberra CCC CDWF

OUR PROGRAMMES



FFTH COMMUNITY FOOD PACK

The Community Food Pack programme helps lower-income individuals and families put food on the table. It relies on a mix of food donations, cash donations that are used to make food purchases, bread from our Bread Run programme, and the sweat of hardworking volunteers who assist us in the sorting and packing process. The monthly food aid is distributed through our 105 community partners to over 11,600 families.

To provide more than just sustenance, Food from the Heart continually strives to increase the nutritional value of our food support. Supplement of eggs, fruits and vegetables to the standard bundle of non-perishable food items provide communities in need better access to nutritious fresh produce. Needy dialysis patients receive curated food packs suitable for their diets. In July, fortified milk was added to food packs for the elderly.

Food from the Heart piloted the Community Shop initiative in February 2020, a shop-for-free charity minimart concept. At the Community Shop, beneficiaries can choose the food items instead of receiving standard food packages and redeem them via the QR code on their beneficiary cards. The Shop also encourages a kampung spirit within the neighbourhood as residents can help those in need by donating food at the Community Shop's 24/7 food drop.



105
DISTRIBUTION
POINTS



120,141
FOOD PACKS



11,679
FAMILIES

OUR PROGRAMMES

SCHOOL GOODIE BAG



“
YES, WE NEED IT.
IT HELPS US SOFTEN
(EASE) THE COST OF
BUYING GROCERIES.
”



Mr Mohammad Yusoff

Father of a beneficiary of the School Goodie Bag programme, a student from Shuqun Primary School.

As a pest control officer, he is the sole breadwinner of the household with three children who are in school



The School Goodie Bag programme has truly benefitted our students and their families who are in need. Thank you FFTH for working so closely with the school in order to ensure that this programme stays current and families are supported to the best of your efforts.

..... **Teacher from Henry Park Primary School**

OUR PROGRAMMES

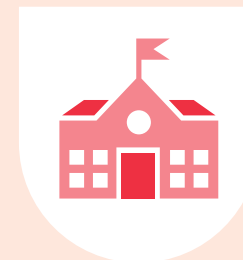


FFTH

SCHOOL GOODIE BAG

Partnering with schools, the School Goodie Bag programme focuses on providing underprivileged students and their families with monthly food rations to support them through a key stage of their lives. Supplementing the meals of children and their families also reduces their financial burden. The programme aims to improve social mobility of students from disadvantaged backgrounds. When children are fed, their futures are nourished.

The School Goodie Bag is also the first charitable food pack endorsed by the Health Promotion Board. Funded purely through cash donations, the curated food pack includes popular sources of protein such as milk, eggs and canned sardines to support growth and development. Currently, over 1,600 students are supported under this programme.



42
SCHOOLS



6,720
BENEFICIARIES



16,776
SCHOOL GOODIE BAGS
DISTRIBUTED

OUR PROGRAMMES BREAD RUN



Mr Sangiliraja and his daughter

on his weekly Bread Run route where he collects unsold bread from bakeries in Punggol and deliver to Ju Eng Home in Jalan Kayu.

“WE ALL CAN MAKE A DIFFERENCE. IT’S UP TO YOU TO TAKE THE FIRST STEP.”

Mr Linus Ng

one of our founding years Bread Run volunteers who still actively contributes his time to redistribute bread to communities in need.



OUR PROGRAMMES



**FFTH
BREAD RUN**

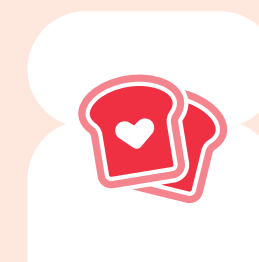
The Bread Run programme redistributes safe-for-consumption bread to communities in need, that would otherwise have been thrown away. It strives to achieve an equilibrium between food surplus in the retail sector and where it is needed within the community.

Food from the Heart works with an intricate network of partners who donate bread, volunteers who can deliver the bread, and community partners who pass on the bread to our beneficiaries. Since 2003, the programme has made a significant positive impact on reducing food wastage in Singapore.

Almost 1,700 volunteers collect perfectly edible, unsold bread from their assigned bakeries or hotels regardless of rain or shine and redistribute it to those who need them through our Bread Run programme. In 2023, our volunteers collected an estimated \$2 million worth of unsold bread.



13,793
BREAD RUNS



183,430 KG
BREAD SAVED AND
GIVEN OUT



14,259
HAPPY STOMACHS

OUR PROGRAMMES PROJECT BELANJA!



“**PROJECT BELANJA! GIVES ME THE CHANCE TO EAT OUT INSTEAD OF EATING AT HOME ALL THE TIME.**”

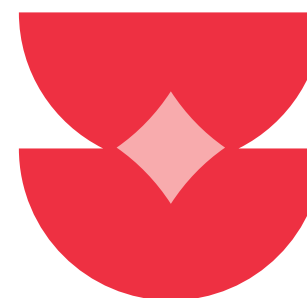


Mdm Yap Moi, 84
Beneficiary of Project Belanja!
at Kebun Baru



Being wheelchair bound, cooking is not easy for **Mr Shawa Peng Guan, 62**. He is happy to enjoy a variety of foods at the hawker stalls in Kebun Baru. His favourite meals are from the Hokkien Mee and soup stalls.

OUR PROGRAMMES



**FFTH
PROJECT
BELANJA!**

Project Belanja! is a hot food redemption programme, run in partnership with hawker stall owners. It provides the needy with freshly-cooked meals to be redeemed at designated neighbouring hawker stalls, within proximity of the activity zones of the beneficiaries.

Some of our beneficiaries are unable to cook their own meals. For them, Project Belanja! is a cooked-food alternative to food pack rations. To others, it gives them greater choice and flexibility over what their meal will be — they get to choose when they want a change from their usual fare, cooked by someone else in a different way, enjoyed in another environment.

Beneficiaries use the QR code on their Food from the Heart beneficiary card to redeem up to 15 meals per month for each person. The cards are scanned on a custom-built mobile app used by partnering hawker stall vendors, where redemption data is tracked to better understand and serve the beneficiaries.

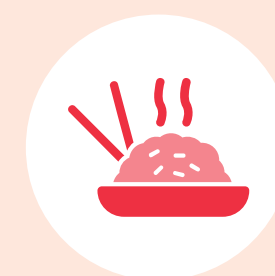
A seamless way of distributing food support, Project Belanja! is available at Kolam Ayer, Toa Payoh, Kebun Baru, Mountbatten, Marine Parade and Tampines*. The programme also encourages them to step out of the house to interact with the community.



433
BENEFICIARIES



48
HAWKER PARTNERS



33,937
HOT MEALS
DISTRIBUTED

OUR PROGRAMMES MARKET PLACE



“Food from the Heart has consistently blessed us with a generous supply of essential food items.

Your team’s professionalism and efficiency have made it possible for us to focus on our core mission of empowering and rehabilitating individuals, knowing that the essential aspect of sustenance is well taken care of.”



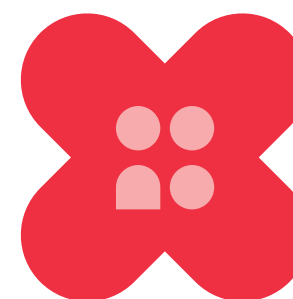
Mr Esmond Low

Operation Executive at Teen Challenge Singapore, a partner of Market Place

“**WE ARE BLESSED TO HAVE YOUR SUPPORT (OF) CANNED FOOD AND DRY RATIONS WITHOUT FAIL. THANK YOU FOR HELPING US CREATE POSITIVE CHANGE IN THE LIVES OF OUR BENEFICIARIES IN THE SHELTER.**

..... **Mr Edward Yap**
On behalf of the Leadership of Loving Hand Fellowship, a partner of Market Place

OUR PROGRAMMES



**FFTH
MARKET
PLACE**

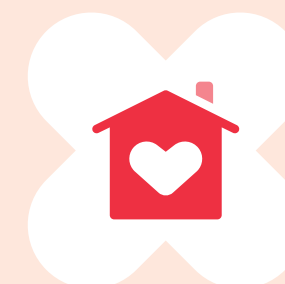
The Market Place programme seeks to create a win-win solution that reduces food waste while feeding the needy with food that retailers do not wish to keep on the shelves but are still good for consumption to those who need them. The items are distributed to welfare homes and other beneficiaries via our Community Food Pack programme.

Maximising our unique position within the community as a food redistributor, Food from the Heart collects packaging-damaged, near-expiry food items for redistribution. Plying monthly island-wide routes covering over 100 FairPrice supermarket outlets, perfectly edible food is given to those who need them instead of going to waste.



\$208,891

WORTH OF ITEMS
SAVED AND
GIVEN OUT



24

WELFARE HOMES



1,044

BENEFICIARIES

OUR INITIATIVES COMMUNITY SHOP



The Community Shop (善粮小铺) is a charity mini-mart which operates on a shop-for-free concept. Beneficiaries can choose 12 non-perishable food items and two fresh produce from the Shop, and redeem them via the QR code on their beneficiary cards.

Piloted in February 2020 at Mountbatten, three more Shops have opened in Boon Lay, Lengkok Bahru and Punggol. Combined, the four Shops served over 2,500 families.

The concept provides targeted food aid to lower income families and individuals. Having the Community Shop provides our beneficiaries the experience of shopping and more incentive to leave their homes for some interaction with volunteers and their neighbours.

GIVING BETTER



DIGNITY OF CHOICE

At the Community Shop, beneficiaries have dignity of choice as they are able to choose 14 food items that they require every month.

LESS FOOD WASTAGE

Beneficiaries see the range of products available at the Shop, compare them, and choose what they want to bring home. This results in less food waste as they are more likely to finish all the items they choose themselves.



FOSTER COMMUNITY SPIRIT

The Shop creates opportunities for the community to look out for one another. Its food drop, which allows donors to drop off food donations, keeps the kampung spirit alive within the neighbourhood.

OUR INITIATIVES COMMUNITY SHOP



GATHER MEANINGFUL DATA

Through the QR code-scanning checkout system, we digitally gather data on consumption needs and patterns of our beneficiaries.

DATA-DRIVEN INSIGHTS

Better understanding of beneficiaries' dietary habits will help us improve our food support and shape the future landscape in food aid distribution.



SHORTER SUPPLY CHAIN FROM DONOR TO BENEFICIARY



\$791,494 worth of food items was donated by the individuals in the community through the 24/7 food drop, as well as by corporations. We hope to create an entire eco-system connecting donors, sponsors, volunteers and beneficiaries.

RWS EAT WELL @ COMMUNITY SHOP



Resorts World Sentosa committed \$300,000 for the purchase of fresh local produce to support Community Shops over a three-year partnership.



Mdm Maria Chandra, a beneficiary of Community Shop @ Boon Lay, appreciates the sense of community the Community Shop represents and expressed her gratitude through her art.



**THE COMMUNITY SHOP IS
HELPFUL FOR ME. (IT HAS)
EXACTLY WHAT I NEED.
BEST IN THE WORLD!**

MR PETER RAJAN M, 75

Beneficiary of Community Shop @ Punggol

OUR INITIATIVES CLEAN PLATE CAMPAIGN

The Clean Plate Campaign was started in 2013 from a simple conviction – to reduce food waste, inculcate mindful eating and encourage everyone to end each meal with no leftovers – a clean plate. This campaign is part of Food from the Heart's larger objective of redistributing food to the needy in Singapore.



OUR INITIATIVES CLEAN PLATE CAMPAIGN



**122,267 CLEAN PLATES
COUNTED IN
PARTICIPATING
SCHOOLS!**

From 5 primary schools in its first year, it now sees the participation and support of 50 primary schools and 23 pre-schools. What a long way it has come! From July to October, each clean plate counted in the participating schools raised \$1 for our charity, up to \$100,000, donated by NTUC FairPrice Foundation. In 2023, we were thrilled to count 122,267 clean plates in the participating schools!

The Campaign was also extended to the public to make a commitment to reduce food waste by making a pledge online from September 1 to October 16, 2023. We are very happy and grateful to hit our target of 10,000 pledges, raising \$10,000 contributed by Bayer in Singapore! Thank you for your participation and support.

SPECIAL THANKS TO SPONSORS

Clean Plate Campaign in School

NTUC FairPrice Foundation

Public Clean Plate Campaign

Bayer

OUR SIGNATURE EVENTS HEART ON WHEELS

The inaugural national food donation drive-thru in 2023 brings together the automotive community for a good cause, and raise awareness of food insecurity and volunteerism!



Mr. Paul Brown, Head of Finance & Risk (APAC) of Edrington, Mr. Ronald Stride, Chairman of Food from the Heart, Mr. Eric Chua, Senior Parliamentary Secretary, Ministry of Culture, Community and Youth & Ministry of Social and Family Development, Mr. Andre Roy, CEO of Wearnes, Mr. William Ang, Cluster Chief Technology and Operations Officer (Singapore and ASEAN Markets) of Standard Chartered Singapore, Ms. Sabrina Sng, Managing Director of Polestar, Pre-Owned & Insurance (Wearnes), Mr. Khushroo Dastur, Board Member of Food from the Heart, Mr. Robin Lee, CEO of Food from the Heart.

Food from the Heart’s largest national drive-thru food donation drive, HEART ON WHEELS, brought the community together for a good cause. Held on March 4 and 5, 2023 at Wearnes Automotive Singapore.

Despite continuous bouts of rain throughout the weekend, it could not dampen the community

spirit that shone through! The charity drive saw an incredible outpouring of generosity from corporates and the general public: 22,246 food items and raised \$52,082 in funds.

We appreciate every form of contribution that went towards the success of the event! Our hearts are full!

OUR SIGNATURE EVENTS HEART ON WHEELS



The weekend charity event was supported by volunteers from event sponsor Standard Chartered and venue partner Wearnes.



SPECIAL THANKS TO

- EVENT SPONSORS**
- Edrington
 - McDonald’s Singapore
 - Standard Chartered Singapore
 - Wearnes Automotive Singapore

- NOTABLE DONORS**
- Bukit Sembawang Estates
 - Bloomberg
 - Digital Realty
 - IFS Capital
 - J.P. Morgan Private Bank

- CAR GROUPS SUPPORTERS**
- Bentley
 - BMW Riding Kakis
 - Ducati
 - GTR Owners’ Club
 - Harley Riders
 - Jaguar
 - Planet Cooper
 - Polestar
 - Renault
 - Volvo

**\$141,000
WORTH OF
FOOD RAISED!**

OUR SIGNATURE EVENTS PASSION BALL

Passion Ball, Food from the Heart's annual fundraising gala, has been a hallmark of Singapore's charity event calendar since 2004. Every year, esteemed guest attendees from various professional backgrounds and corporate sponsors help raise generous amounts of funds to support our food distribution programmes and initiatives.



For our 20th anniversary, we joined hands with the Singapore Symphony Orchestra for an unprecedented joint benefit with the Singapore Symphony Orchestra: **A Symphony of Passion**. Presented by Audemars Piguet, the charity event was held on April 29, 2023 at The Grand Ballroom, The Ritz-Carlton, Millenia Singapore.

A Symphony of Passion was born out of passion and a mutual love to enhance the lives of those around us. For Food from the Heart, we nourish the mind and body while our national orchestra enriches the soul - the perfect pairing.

A spectacular return after a three-year hiatus due to the pandemic, the event welcomed close to 550 distinguished guests and raised over \$1.7 million, which will be contributed on an equal-basis to benefit both charities.

Special thanks to Mr Goh Yew Lin and Mr Kenneth Kwok, Chair and CEO of the Singapore Symphony Group, for the wonderful partnership and an opportunity to create this memorable shared experience for everyone through music.

OUR SIGNATURE EVENTS PASSION BALL



The Food from the Heart Board with guest of honour, Mr Desmond Lee, Minister for National Development & Minister-in-charge of Social Services Integration.



Our founder, Mrs Christine Lalmer, was one of the night's notable guests. She flew in specially from Vienna, Austria, where she is currently based.



Event Platinum Donor Ms Jacqueline Yeh raised the bar even higher by participating in the charity auction.

SPECIAL THANKS TO OUR SPONSORS

PRESENTING SPONSOR
Audemars Piguet

SPECIAL THANKS
Singapore Totalisator Board

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Mr Sherman Kwek (left), of Platinum Donor City Development Limited, with his guests.

OUR SIGNATURE EVENTS CHARITY GOLF TOURNAMENT

This annual fundraiser brings together golf enthusiasts and the business community to swing into action for a cause that matters, while bonding on the green.

The sixth edition of our Charity Gold Tournament was held on September 15, 2023 at the spectacular Singapore Country Club (SICC) for 144 golfers.

By evening, more guests filled the Grand Ballroom at SICC for dinner, live jazz performance, prize presentation and lucky draw. The evening programme was graced by Mr Eric Chua, Senior Parliamentary Secretary for Culture, Community and Youth of Singapore. With the support from valuable donors and sponsors, we raised over \$289,000.



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OUR SIGNATURE EVENTS I CAN AWARD CEREMONY



Incepted in 2013, the I CAN Award gives recognition to students under the **School Goodie Bag** programme, who have significant Improvements in Conduct & Behaviour, School Attendance and Non-academic activities (such as involvement in community work, CCA, sports, arts, music or dance).



Performance by host school Evergreen Primary School

We gathered at Evergreen Primary School on June 22, 2023, with over 40 students and their families and teachers, to celebrate the students' diligence and great effort at the I CAN Award Ceremony!

Since our last physical ceremony in 2019, this food support programme that helps students from disadvantaged backgrounds has grown by over 40% to reach 1,680 students and their families.

OUR SIGNATURE EVENTS I CAN AWARD CEREMONY



Joined by supporters of the School Goodie Bag programme, TP ICAP and SIA Engineering Company, and teachers from partnering schools (from left to right) Mr Cham Bao Rong from Qihua Primary School, Ms Christine Quan from Northlight School, Ms Trina Yee from Zhonghua Primary School and Mrs Petrina Koh, Vice Principal of Evergreen Primary School.

**40% GROWTH
IN REACH OF
SCHOOL
GOODIE BAG
PROGRAMME
SINCE 2019**



We could not have expanded the School Goodie Bag programme without the support of sponsors, schools, teachers and volunteers. In particular, the unwavering support from corporate sponsors of the programme like SIA Engineering Company and TP ICAP is instrumental in allowing us to strengthen our capacity and capability; and to consistently provide high quality, nutritious food packs suitable for young families.

Beyond nourishing futures, through the I CAN Award, we hope to inculcate in the students the I CAN spirit, to build character and courage to overcome challenging circumstances.

OUR SIGNATURE EVENTS TOY BUFFET

At this annual carnival-like event, about 2,000 children from lower-income families are treated to games, yummy treats and at least three toys they chose to take home with! Each year, a theme is carefully chosen for the children, between the ages of five to 13, to fully immerse in the experience, while inspiring positivity and encouraging them to dream and pursue their goals.



Mr Eric Chua, Senior Parliamentary Secretary, Ministry of Culture, Community and Youth & Ministry of Social and Family Development, and Mr. Robin C Lee, CEO, Food from the Heart, taking a selfie with the participants at Toy Buffet 2023

On November 10, 2023, the highly anticipated Toy Buffet made its return after a three-year hiatus. Themed 'Space Heroes: Infinite Possibilities,' we want to help each child be a hero in their own story and empower them to realise their limitless potential.

In particular, we would like to express our gratitude to Asia Toy and Play Association (ATPA), which helped to raise donations of more than 8,000 new toys from toy distributors for the event, to the delight of all the 1,800 children who attended.

Also spotted at the event was our mascot, SuperBun, making a special appearance alongside two Ninjago characters from Lego. Together, they provided dynamic photo opportunities for our eager participants.

To execute an event of this scale, we certainly also had the help of our superheroes – corporate and school booth partners, donors and sponsors, and over 1,200 corporate, student and individual volunteers. We are grateful for all your contributions which made Toy Buffet 2023 a memorable experience for everyone!



OUR SIGNATURE EVENTS TOY BUFFET

“**I AM VERY GRATEFUL
TO BE HERE TODAY**”



Khloe, 10,
from CHIJ
Primary
Toa Payoh

SPECIAL THANKS TO SPONSORS

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OUR SIGNATURE EVENTS TOY BUFFET



Best Decorated Booth (Corporate) – Netflix

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SCHOOL BOOTHS

Dulwich College Singapore
 Educare Global Academy Pte Ltd
 Eagles (Singapore American School)
 Raffles Parents' Association
 Singapore Polytechnic
 St. Anthony's Primary School
 Temasek Polytechnic

OUR SIGNATURE EVENTS TOY BUFFET

TOY AMBASSADORS

Escorting the children from game booths to toy booths and helping them carry their selected toys were the hardworking Toy Ambassadors from Dell Technologies, Changi Airport Group (Singapore) Pte Ltd, Doctor Anywhere, HP, Resorts World Sentosa, SIA, Standard Chartered, UOB and VF Singapore.

TOY DONORS

Before the event, over the course of two months, a whopping 16,000 pre-loved and brand new toys, were raised by close to 40 corporates and schools – an unbelievable feat!

Corporate

- Acer Computer (Singapore) Pte Ltd
- ANZ Singapore
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- AVEVA Software Singapore Pte Ltd
- Baker Technology Limited
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School

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- Dover Court International School
- Dulwich College Singapore
- Eagles (Singapore American School)
- Educare Global Academy Pte Ltd
- Elias Park Primary School
- Kong Hwa School
- My First Skool @ Sembawang Close Blk 331
- PCF Sparkletots @ Kampong Chai Chee Blk 409
- Raffles Parents' Association
- Singapore Polytechnic
- Spring Brainly Kidz @ Ubi
- St Anthony's Primary School
- Tanglin Trust School
- Temasek Polytechnic



OUR DONORS AND SPONSORS

With the help of our donors, sponsors, and partners, we are able to provide reliable, consistent, and sustainable food support to those who need it, for as long as they need it. We are immensely grateful for their contributions that make our work possible.

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- Keppel Corporation
- Kering South East Asia Pte Ltd
- KFC Asia Franchise Pte Ltd
- Kim San Tze Temple Association
- Kokusai Electric Asia Pacific Co. Ltd
- KPMG Services Pte Ltd
- KSB Singapore (Asia Pacific) Pte Ltd
- Kyoho Marketing Pte Ltd
- L Catterton Singapore Pte Ltd
- Lam Soon Singapore Pte Ltd
- LHN Group
- Linde GmbH Branch Office Singapore
- Lineage Logistics
- Linnovate Partners AFS Pte Ltd
- Logicalis
- Lonza Biologics
- Lum Chang Building Contractors Pte Ltd
- M1 Limited
- Malaysia Dairy Industries Pte Ltd
- Manulife (Singapore) Pte Ltd
- Marine Care Singapore Pte Ltd
- Marriott Singapore
- Marvell Asia Pte Ltd
- MasterCard Singapore
- Maybank Singapore Limited
- McDonald's Pasir Ris Sports Complex
- Meiden Singapore Pte Ltd
- Mercer Marsh Singapore
- Metro Holdings Pte Ltd
- Mia Food Pte Ltd
- Microsoft Operations Pte Ltd
- Milchel Hostel
- Ministry of Education
- Ministry of Health
- Mooton Singapore
- Morgan Stanley
- Morningstar Research Pte Limited
- Motorola Solutions
- MS Amlin Singapore Pte Ltd
- National Library Board
- National Trades Union Congress
- National University of Singapore
- Nespresso Singapore
- Nestle Singapore (Pte) Ltd
- NetLink Trust
- Neuberger Berman Singapore Pte Limited
- NEW Asurion Singapore Pte Ltd
- New Life Community Services
- Ngee Ann Property Management Pte Ltd
- Noble Resources International Pte Ltd
- Novartis Singapore
- NTU University Advancement Office
- NTUC Fairprice Co-operative Ltd
- NUS Temasek Hall
- OCBC
- OpenBet Singapore Pte Limited
- Organon Asia Pacific Services Pte Ltd
- Palsgaard Asia-Pacific Pte Ltd
- PEP & Co Pte Ltd
- Pfizer @ Tuas
- Phillips 66 International Trading Pte Ltd
- Pico Quantitative Trading LCC
- PMO - Prime Minister Office
- Power Automation
- Princeton Digital Group
- Proofpoint Singapore Pte Ltd
- Propertyguru Group
- PUB
- Puig Asia Pacific Pte Ltd
- PWC International Assignment Services (S) Pte Ltd
- Radisson Hotel Group
- Ralph Lauren Singapore Pte Ltd
- Ramakrishna Mission
- Resort World at Sentosa Pte Ltd
- Richemont Luxury (Singapore) Pte Ltd
- Rimini Street Singapore Pte Ltd
- Robert Walters (Singapore) Pte Ltd
- Rolls-Royce Singapore Pte Ltd
- Rotary Club Garden City
- S&P Global Ratings
- SAF - Singapore Armed Forces
- SAF C4 Command
- Safran Landing Systems
- Salesforce
- Salesworks Singapore
- Sats Food Services Pte Ltd @ 234 Pandan Loop
- Schindler Lifts Singapore Pte Ltd
- SCIEX
- Scotia Bank
- Seaco Asia Pte Ltd
- Secondsguru
- Shun Yim Tua (Temple)
- Siglap South Youth Network
- Singapore After Care Association

OUR DONORS AND SPONSORS

DONATIONS-IN-KIND (CONT'D)

ORGANISATIONS (CONT'D)

- Singapore Air
- Singapore Lam Ann Association
- Singapore Marriott Tang Plaza Hotel
- Singapore Police Force (Ang Mo Kio Division)
- Singapore Polytechnic
- Singapore Red Cross
- Singlife Financial Advisers
- SITA Aero Singapore
- Sk Gas International Pte Ltd
- Skadden, Arps, Slate, Meagher & Flom (Singapore) LLP
- Sleek
- Smith & Nephew @ Mediapolis
- SMU - Singapore Management University
- Sofitel Singapore City Centre
- Sompo Insurance Singapore Pte Ltd
- South East Community Development Council
- Standard Chartered Bank
- Starbucks Singapore
- Sterling RISQ
- Sustainable Fitch Singapore
- Swiss Re Asia Private Limited
- Synapse Pte Ltd
- T1 Glass System
- Tanglin Trust School
- TechM Solution Pte Ltd
- TechTarget Singapore
- Ten Group Singapore Pte Limited
- Ternary Fund Management
- TEVA Pharmaceutical Investments Singapore Pte Ltd
- The I Quadrant Pte Ltd
- The Ritz-Carlton, Millenia Singapore
- The Singapore EDITION Hotel
- The St. Regis Singapore
- The Westin Singapore
- Thian Hock Keng Temple
- Thomson 800 (Residents)
- Trade4ever Pte Ltd
- UBS Singapore
- United Aroma Pte Ltd
- United Hampshire US REIT Management Pte Ltd
- UOB Group
- US Embassy
- USANA Health Sciences Singapore
- Vaitris Singapore
- Vedder Price
- Veggietalk International Pte Ltd
- VF Singapore Overseas Service Pte Ltd
- VITAL (Ministry of Finance)
- VMware Singapore Pte Ltd
- W Singapore - Sentosa Cove
- Wise Asia-Pacific Pte Ltd
- Woodlands Police Division Headquarters
- YHS (Singapore) Pte Ltd
- YTL Starhill Global Property Management Pte Ltd
- Zalora Singapore
- Zebra Technologies Asia Pacific Pte Ltd
- Zendesk Singapore
- Zoetis Singapore Pte Ltd
- ZVC Singapore Pte Ltd

SCHOOLS AND INSTITUTIONS

- Ai Tong School
- Anderson Primary School
- Ang Mo Kio Secondary School
- Anglican High School
- Anglo Chinese School (Independent)
- Angsana Primary School
- Bartley Secondary School
- Beacon Primary School
- Canadian International School Singapore
- Carpe Diem Mi Schoolhouse Pte Ltd
- Catholic High School (Primary)
- Changkat Primary School
- CHIJ Secondary School
- CHIJ St Nicholas Girls' School
- Chongfu Primary School
- Chongzheng Primary School
- Damai Primary School
- Dunearn Secondary School
- E-Bridge Preschool Edgedale
- E-Bridge Preschool Woodlands
- Elias Park Primary School
- Fairfield Methodist Secondary School
- Fernvale Primary School
- Geylang Methodist School (Secondary)
- GIG International School
- Greenridge Primary School
- Henry Park Primary School
- Holy Innocents' Primary School
- Invictus International Preschool Changi
- ITE College Central
- Kong Hwa School
- Learning Vision Preschool @ NTU
- Little Footprints Preschool @ Bukit Purmei Road
- Maha Bodhi School
- Meridian Secondary School
- Milchel Student Hostel
- Mindchamps @ Spize
- Mindchamps @ Tampines Point
- Montfort Secondary School
- My First Skool @ Jalan Sultan Centre
- National Institute of Education
- National University of Singapore
- Northbrooks Secondary School
- Northshore Primary School
- NTU School of Humanities Club
- Oasis Primary School
- Odyssey The Global Preschool – Fourth Avenue
- Odyssey The Global Preschool – Loyang
- One World International School
- Orchid Park Secondary School
- Overseas Family School
- Palm View Primary School
- Pat Schoolhouse
- Pathlight School
- PCF Sparkletots @ 123A Rivervale Drive
- PCF Sparkletots @ 721 Tampines St 71
- PCF Sparkletots @ Boon Lay
- PCF Sparkletots @ Braddell Heights
- PCF Sparkletots @ Geylang Serai
- PCF Sparkletots @ Kampong Chai Chee

OUR DONORS AND SPONSORS

SCHOOLS AND INSTITUTIONS (CONT'D)

- PCF Sparkletots @ Punggol Coast 676B
- PCF Sparkletots @ Woodgrove
- Pei Hwa Secondary School
- Posso Preschool @ Tampines Central
- Punggol Cove Primary School
- Punggol Green Primary School
- Punggol View Primary School
- Queenstown Secondary School
- Rainbow Cove Preschool @ Upper East Coast
- Red Swastika School
- Republic Polytechnic
- School of Science and Technology
- Seng Kang Green Primary School
- Seng Kang Primary School
- Shuqun Primary School
- SIM-RMIT Student Council
- Singapore American School
- Singapore Polytechnic
- Smart Berries @ West Coast Pte Ltd
- Singapore Management University
- St Hilda's Primary School
- St. Andrew's Secondary School
- St. Anthony Primary School
- St. Joseph's Institution
- St. Margaret's Secondary School
- Stamford American International School
- Star Learners @ CCK
- Tampines Meridian Junior College
- Tanglin Trust School
- Tanjong Katong Primary School
- Temasek Polytechnic
- The Nurturing Cove
- TMC Academy Paya Lebar Campus
- Unity Primary School
- Victoria School
- Woodgrove Primary School
- XCL World Academy
- Yangzheng Primary School
- Yishun Innova Junior College
- Yumin Primary School
- Zhangde Primary School

AUDITED FINANCIAL INFORMATION 2023

AUDITED FINANCIAL INFORMATION 2023

INCOME & EXPENDITURE STATEMENT

	2023 S\$	2022 S\$
INCOME		
Outright Donations	7,715,426	4,853,390
Fundraising Events	1,155,460	257,800
Charitable Events	236,124	184,055
Food Purchase Account	2,058,825	1,711,433
Donation in kind	2,491,974	2,604,575
Grant	93,712	348,322
Other Income	328,316	46,060
TOTAL INCOME	14,079,837	10,005,635
EXPENDITURE		
Outright Donations	1,757,543	904,931
Food donations distributed	2,461,268	2,521,155
Fundraising Events	258,479	67,761
Charitable Events	158,435	115,211
Food Purchase Account	2,857,528	2,592,896
General and Administrative	2,503,319	2,357,901
TOTAL EXPENDITURE	9,996,572	8,559,855
Net Operating Surplus / (Deficit)	4,083,265	1,445,780
NON-OPERATING INCOME		
Utilisation of Funds	-	74,691
Amortisation of Deferred Funds	119,344	112,725
TOTAL NON-OPERATING INCOME	119,344	187,416
Surplus of Income over Expenditure	4,202,609	1,633,196
Staff with remuneration above \$100,000		
\$100,001 and \$200,000*	3	3

*includes basic salary, annual wage supplement, allowances, and employer's contributions to Central Provident Funds.

Food from the Heart is governed by the Board of Directors which is the final authority and has overall responsibility for policy making and governance. Board members are volunteers and receive no monetary remuneration for their contribution.

Food from the Heart has in place a Conflict of Interest and Confidentiality Policy Statement. Members of the Board of Directors and employees must declare if they have a conflict of interest regarding any business before the Board.

Food from the Heart is committed to the highest standards of openness, probity and accountability. The organisation has adopted a Whistleblowing policy to enable employees of the Company to raise concerns internally and at a high level and to disclose information which individual believes show malpractice or impropriety.

BALANCE SHEET

	Note	2023 S\$	2022 S\$
ASSETS			
Non-Current Assets			
Plant and Equipment		910,407	1,104,819
Deposits		77,929	69,652
Total Non-Current Assets		988,336	1,174,471
Current Assets			
Other receivables		171,229	530,627
Deposits		49,161	20,103
Prepayments		84,103	24,189
Inventory	Note 1	284,556	191,976
Cash & Bank Balances			
Operating		14,002,232	9,199,181
Reserves	Note 2	2,660,158	2,607,490
Designated	Note 3	2,121,626	2,287,816
Total Cash & Bank Balances		18,784,016	14,094,487
Current Assets		19,373,065	14,861,382
TOTAL ASSETS		20,361,401	16,035,853
FUNDS			
Accumulated Funds		13,422,685	11,789,489
Current Year Earnings		4,202,609	1,633,196
TOTAL FUNDS		17,625,294	13,422,685
LIABILITIES			
Non-Current Liabilities			
Deferred Capital Grants	Note 4	215,100	334,444
Lease Liabilities		144,423	274,844
Provision for reinstatement costs		168,000	168,000
Total non-current liabilities		527,523	777,288

AUDITED FINANCIAL INFORMATION 2023

BALANCE SHEET (CONT'D)

	Note	2023 S\$	2022 S\$
LIABILITIES (CONT'D)			
Current Liabilities			
Other Payables and Accruals		820,211	588,478
Lease Liabilities		176,840	151,681
Deferred Income	Note 5	1,211,533	1,095,721
Total Current Liabilities		2,208,584	1,835,880
TOTAL LIABILITIES		2,736,107	2,613,168
TOTAL FUNDS AND LIABILITIES		20,361,401	16,035,853

NOTES TO THE FINANCIAL STATEMENTS

NOTE 1: Amount comprises food as at year end

NOTE 2: Reserve Policy

Food from the Heart's objective in maintaining funds is to maintain a level of reserve that enables the company to continue operating for at least twelve months.

This reserve is used to fund the working capital, any unexpected expenditures or events, and shortfall in income. The Board of Directors reviews the company's reserve level on a regular basis.

NOTE 3: Consists of funds designated for use in food purchase

NOTE 4: Deferred Capital Grants

Care and Share Matching Grant received for approved supported usage is accounted for in respective fund accounts. Amount utilised for the purchase of plant and equipment is transferred to a deferred fund account and amortised over the useful lives of the related assets to match the depreciation of the assets through amortisation of deferred funds. Amount utilised for other approved supported usage is transferred to deferred fund account and recognised as income through utilisation of fund.

NOTE 5: Deferred Income

Deferred income comprises voluntary donation income designated for the purchase of food, programmes and events' expenditures in the future.

The full set of audited financial statement is available at www.foodfromtheheart.sg.

THE YEAR AHEAD

Our FY24 budget is an investment for continuity of Food from the Heart's mission, shared purpose and organisation as a whole. Community building will be emphasised through programme reach expansion, enhancement in food support and meaningful engagements with volunteers. Focus will be on opening Community Shop in more estates and School Goodie Bag programme.



OUR EVENTS CALENDAR (FUNDRAISING, FOOD DONATION DRIVE AND COMMUNITY-BASED INITIATIVES)

Month	Initiative
January February	Chinese New Year Food Donation Drive A Little Kindness, Lots of Joy Online Campaign
March	HEART ON WHEELS national drive-thru food donation drive and Online Food Bundle Sponsorship Campaign I CAN Award Ceremony
April	Passion Ball
May	Food Donation Drive for new Community Shop
June	Opening of New Community Shop
July	Clean Plate Campaign in Schools
August	National Day Food Donation Drive
September	Charity Golf Tournament
October	World Food Day
November	Toy Buffet
December	Online Festive Appeals, Giving Week by NVPC

CONCLUDING REMARKS

As an organisation committed to uplifting the lives of the less-fortunate through food aid and community building, running successful events is an indicator of individual and corporates' active interest and support. Hence, our combined fundraising efforts, food donation drives and community-based initiatives serve to communicate our cause, our work and why it is important. They create opportunities to engage with the public on food insecurity in Singapore and inspire individuals, businesses, organisations and the community to give their best for others, in all ways big and small.

FOOD IS LOVE WHO IS FOOD FROM THE HEART HELPING?

Food from the Heart works with grassroot organisations and welfare homes to reach out to those who need our support. Our beneficiaries include lower income individuals and families who are residents of welfare homes, as well as those staying in the housing estates. Their monthly per capita income typically falls below \$690.



HOW CAN YOU HELP?

Join us in our purpose of sharing hope and nourishing lives. Here are some ways you can get involved to fight hunger in Singapore:

DONATE

Your cash donation goes a long way for us - from purchasing food to our operating expenses. As an independent charity organisation, we do not receive regular government funding. Help support us in fulfilling our mission! Cash donations are eligible for a 250% tax deduction.

Visit foodfromtheheart.sg/donate or scan the QR code below to donate.



VOLUNTEER

Food from the Heart partners with socially-conscious and compassionate individuals, corporations or institutions to maximise the positive impact of their contributions to our objectives. What are you waiting for? Join us in championing our causes!

Visit foodfromtheheart.sg/opportunities-to-help or scan the QR code below for a virtual tour.



SHARE

Follow us on social media and share our work and stories with your friends and loved ones.



Visit foodfromtheheart.sg or scan the QR code below for our digital touchpoints.



READY. SET. DONATE RIGHT!

Before donating food items, consider:



NUTRITION

Look out for the healthier choice logo and items higher in nutrients!

CONVENIENCE

A few 1kg packs of rice can be given to one family but one bag of 10kg rice is harder to distribute among a few families.

FOOD SAFETY

Check the packaging and that the expiry date is three months or more.

THEIR PRIDE

Give something you will be happy to receive yourself to put a smile on their face!

FOOD WISH LIST

We require all donations to be dated at least

3 MONTHS BEFORE EXPIRY

We prefer to receive food items that are

HALAL-CERTIFIED

RICE 1 - 2.5 KG
COOKING OIL 1L
CANNED MEAT SARDINES, FRIED DACE, CHICKEN, PORK
CANNED VEGETABLES/MUSHROOMS
CANNED SOUP
EVAPORATED/CONDENSED MILK
BREAD SPREADS
BISCUITS 200 G - 500 G
INSTANT BEVERAGES, IN SATCHETS MALT, TEA, COFFEE
INSTANT NOODLES
RICE VERMICELLI

A FEW WORDS FROM OUR CEO



“In these challenging times, our commitment to feeding those in need goes beyond the pandemic and festive seasons. The rising costs of living disproportionately affect vulnerable communities, making our mission even more critical.

Our dedicated team works tirelessly to provide continuous support, ensuring that those in need receive food month after month. We are deeply focused on our mission, striving for efficiency and productivity while enhancing the human touch in all our efforts.

To our Board of Directors, donors, sponsors, partners, volunteers, and friends, we extend our heartfelt gratitude for your unwavering support. Your contributions have enabled us to provide food security to 59,000 beneficiaries every month.

As we continue to enhance our core programmes and giving, we invite you to join us on our journey to alleviate hunger in Singapore. Together, let's create a better future and share hope by nourishing lives.

Robin C. Lee
CEO
Food from the Heart

MEET THE TEAM



HOPE (from left to right):

Carryn Koh, Brenda Ho, Chun Mei Qi, Katherine Chin, Cecilia Cho, Fathin Hamamah Binte Ahmad Samar Ben Yeo, Shahira Maya Sahar, Mohamad Othman Kelvin Lee, Gwen Chng and Mohamad Zuraimi Muchi

NOURISH (from left to right):

Justin Lim, Amanda Koh, Jaslin Koh, Teong Ser Pheng Toh Bock Heng, Timothy Lai, Sean Wee Lee Xiao Hui, Robin C. Lee (CEO) and Sasikala Puspananthan

Find out more on foodfromtheheart.sg



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