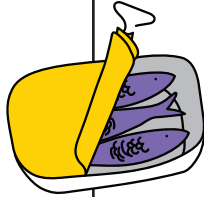





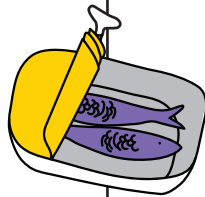




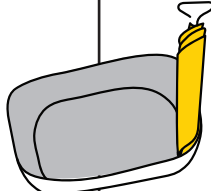


# 2020 February

SUN	MON	TUE	WED	THU	FRI	SAT
26	27 	28	29 	30	31 	1 
2	3	4 	5	6 	7 	8
9	10 	11	12 	13	14	15
16 	17	18 	19	20	21	22
23	24	25	26	27 	28	29

March 2020

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1	2	3	4

**Can you imagine going a day without food?**

Food from the Heart provides sustainable, consistent help to those who need it, for as long as they need it.

Find out more and donate at [www.foodfromtheheart.sg](http://www.foodfromtheheart.sg)



**Scan to  
Donate**

Notes